Greatness is not where we stand but in what direction we are moving.”
-Oliver Wendell Holmes
As the faculty advisor for the Phi Delta Chi fraternity, I’ve never been more proud of this group which now has grown to 50 members. Some of the major professional service projects over the past year include the 2010 Annual AIDS Walk in which 26 brothers participated and raised over $4,000. Brothers also participated in events such as “Dormstorming” to raise campus climate awareness, Library Day at Blackstone Elementary, and a first annual “Alternative Health Day” in the summer.

In the fall, under my direction and organization of the event logistics, Phi Delta Chi hosted their 4th annual Bouvé Health Day and Flu Clinic. Over the past several years, this event has really grown in participation and support. We were pleased to secure almost $11,000 in funding from the University’s Budget Review Committee and Student Government Association, in addition to several hundred doses which were donated by the Boston Public Health Commission to provide free flu vaccine to almost 700 NU students, faculty and staff. Several on-campus and off-campus groups participated as well, hosting informational displays, in addition to two simultaneous blood drives (Brigham and Women’s and Mass General Hospital) which collected over 100 pints of blood.

-Dr. Mark Douglass, PharmD

“A leader’s role is to raise people’s aspirations for what they can become and to release their energies so they will try to get there.” ~David R. Gergen
OUTGOING: You never really know what it’s going to take to be WCC until you finally are sitting there with the fraternity in your hands and everyone looking at you to figure out what we’re going to do next. There were times when I thought, “why...why did I take on all this responsibility, why did I take on all this pressure?”. When you’re the WCC, you’re the fall guy for the whole fraternity. If an event isn’t successful or if things fall apart, you’re the person that everybody looks to, whether you like it or not. But then I remembered why I did all of this and why I wanted to take on the task of being WCC. I remembered that those around me that I called brothers are people that I hold in the highest regard and people that I considered to be some of my closest friends. Once someone remembers something like that, then it’s easy to take on all that pressure, because you’re doing it for people you really care about.

Not once when I was WCC did I not try to do the best I could, sometimes putting off work or studying just to make sure Health Day was planned perfectly, or to make sure that our rush events were ready to go, or to work on some other event we were doing. I pledged Phi Delta Chi so that I could be a part of something bigger than myself, and my time as WCC has helped me to fully realize that. Beta Chi is one of the up and coming chapters and it makes me glad to know that I was able to be a big part of that movement. Now I’m leaving the chapter in the hands of Erica Diamantides and I couldn’t think of anyone better to be taking my place. Beta Chi, let’s make sure that we keep having fun and doing what we’re doing. You all are some great people and we’re going to have all sorts of success, both individually and as a chapter of Phi Delta Chi.

–Kevin “Stunner” Chan

INCOMING: Since my initiation in the Fall of 2009, I have seen our chapter make huge steps in becoming a more efficient force to be reckoned with at Northeastern University and as a chapter nationally. All of this was a direct result of the Worthy Chief Counselors that I was honoring enough to be lead by, Brothers Kelly Gehman and Kevin Chan. Through observing these two regimes I found inspiration in considering running for the position of WCC. I have witnessed this chapter become closer and more efficient with every new project and undertaking. I can only hope to partially fill the shoes of my successors. To do this I want to play off of the growing ambition of our brothers. Using their determination to just improve upon our already successful projects and expand/begin new projects as well. My brothers of Beta Chi already have the work ethic, leadership, ambition, and determination to do all of this on their own. My goal is to make sure that we get the recognition that we deserve for all the work we do. I want Phi Delta Chi to be a major recognized student group at the diverse Northeastern University and I want chapters around the Nation to know who Beta Chi is and that we are a force to be reckoned with! This may seem like a daunting responsibility but with the help of my brothers I know that we can take on anything we set our minds to.

–Erica “Tugboat” Diamantides

“The only real training for leadership is leadership.”
~Antony Jay
**Worthy Vice Counselor...**

**OUTGOING:** This past year has been a great opportunity for me; it was a great honor being elected WVC. As WVC, my job was to support Kevin in everything he was doing and to assist in the oversight of the committees, as well as the fraternity as a whole. Starting with the pioneering of Alternative Health Day last year, I made it a personal goal to not only assist Beta Chi with our extreme upward motion, but to also develop myself into a more effective leader. Along with Erica, Jason, and Jen, I attended the Leader Development Seminar in Madison, Wisconsin. I personally gained invaluable information and skills as a leader, and I definitely suggest anybody attend whenever possible! While there’s always more one can do, I tried to effectively use my time in my position to do some good things. Whether it be DormStorming for HEAT or setting up a Health Day, I loved getting myself and other brothers involved in events for Beta Chi. I’m proud of what we’ve accomplished over the past year, and anticipate that this next Executive Board will bring us to even greater heights. Connie will undoubtedly make a fantastic WVC, so I eagerly pass the torch to her, knowing she can take this opportunity and run with it.  

- **Steve “Bouncer” Munnelly**

**INCOMING:** Over the past year and a half I have become more involved with the fraternity by planning a program for our philanthropy committee. I have learned a great deal about the amount of effort that it takes to plan such an intricate program and have seen the results of creating a program that went well. After planning this event and becoming closer with my brothers I decided to run for Worthy Vice Counselor so I could further my relationship as well as have a bit more hands on approach of making the fraternity even more successful. With the great leadership from the past I really want to be able to contribute more ideas to allow the leadership roles continue to have a strong impact on guiding our fraternity to be the best that it can be. I believe that after going to Grand Council this year I will be able to gain more ideas to bring back to the fraternity. I will be working very closely with the Worthy Chief Counselor to provide support and ideas. I truly believe that this will be a great year for our fraternity to thrive even more.

AAAE,

Connie “Brita” Lu

“Never give in and never give up.”

- Hubert H. Humphrey
OUTGOING: Ensuring that the future generations of the chapter follow in our traditions and keep alive the spirit of brotherhood has always been the most important aspect of the fraternity to me. This year, I was privileged enough to act as a guide and teacher as the incoming pledge class grew together first as friends, and eventually, brothers. As our chapter continues to grow, it comforts me to know that I had a hand in jump-starting the growth of the new brothers, and future leaders of our chapter. It was an absolute pleasure bringing the Eta class into the brotherhood, and I will enjoy watching them grow with us for the rest of my time here.

-David “the Panther” Ellner

INCOMING: As the incoming Worthy Master-At-Arms, I am excited to be at the center of planning pledging for the Fall of 2011. Our next pledge class, the Theta Class, is only our eighth pledge class since becoming the Beta Chi Chapter, and therefore, we are still attempting to figure out what works for pledging and what does not, in addition to sorting out traditions that we would like to continue to do. The Beta Chi Chapter takes pledging extremely seriously, as we try to teach the soon-to-be Brothers the history and traditions of Phi Delta Chi. Nearly all Brothers play a part in pledging by striving to impart our values of brotherhood to the pledges, but it will be my job to ensure that pledging runs smoothly by effectively communicating to the Brothers, as well as organizing pledging activities in advance.

– Jason “iFetch” Hoffman

“The starting point for all achievement is desire.”
- General Patton
**OUTGOING:** The task of rushing and pledging is an extremely important process. It is a time when all the brothers come together to try and instill the values that were given to us so that the legacy of Beta Chi will endure. It is a difficult process as it always is when strangers come together to bond to become brothers, but it is something that all of us will never forget going through. Personally, as WIG, I find that one of the most important things is for the pledges to find out who we as brothers are as individuals, and from that perspective it should allow for them to see how important PDC is to us.

–Raksa “Toohoo” Taing

**INCOMING:** As the incoming Worthy Inner Guard, I am excited for this upcoming year. I was very happy to get the position because it shows me that my brothers feel I can fulfill the positions duties well and that they look to me as one of the future leaders. But I know it is not about one person, it is about the whole fraternity. That is why I wanted to take a position and that is why I chose the Inner Guard. It is important to recruit quality individuals into the fraternity, who will not only add something to our dynamic but also be a leader in Pharmacy. In recent years, Beta Chi has grown tremendously and is moving in the right direction. In order for this to continue we need to bring people who will have the same passion and determination to strengthen the Beta Chi chapter. It all starts from the rush and pledging process and I know that this position is one of the most important ones in terms of brotherhood and success. For all these reasons, I chose to run for this position and want to pledge in quality brothers who we all can create friendships and creates bonds with. Most importantly, to bring in brothers with whom we can work together with and continue to grow as a chapter of Phi Delta Chi now, and in the future.

–Kevin “Kaboom” Thibeault

“The very essence of leadership is that you have to have vision. You can’t blow an uncertain trumpet” -Theodore M. Hesburgh
OUTGOING: After being Worthy Keeper Finance for the past two years, I can honestly say that I am both sad, yet ready to pass the position on. Although being treasurer is hands down my favorite e-board position, it is quite a difficult one, and requires a lot of dedication. When I first became WKF in 2009, our chapter was in $5,400 worth of debt to the National Office. It took a lot of work, but now our chapter is debt free, and has been for a year and a half. With a chapter of our size and with our small budget, it is very difficult to plan for the year. It takes hours and hours of meticulous planning to be sure that we can cover our costs for the year, without going back into debt. I feel as though over the past two years I have succeeding in setting the foundation for future WKF's. I have developed a pretty solid budget that future WKF's can use, in addition to opening a bank account and developing a wide variety of forms and spreadsheets that will aid in keeping track of all the information. Although I am sad to be leaving the position, I know that our next WKF, Amanda Atherton, will do an amazing job. She has already taken it upon herself to meet with me and take my “Book of Wisdom”. She has already taken all of my advice, and applied it to her own plan. With leadership like that, I don’t worry about passing the torch. I know our chapter will only get stronger.

–Jennifer “Loan Shark” Platt

INCOMING: Over the past two years the financial situation of our chapter has completely changed. Last year we were able eliminate the debt that we had accumulated. We are currently working to accumulate funds so that we can further our involvement in student life at Northeastern as well as have more presence at Phi Delta Chi events such as Grand Councils and Leadership Development Conferences.

This year we continued our tradition of selling t-shirts to the school of pharmacy as a fundraiser. During pledging we gave our new Eta class the task of designing a new slogan for the t-shirt. The fundraiser was very successful and we were able to raise almost $500.

As the Worthy Keeper of Finance I am optimistic that over the next year we can further fundraise for the chapter. I plan on setting aside part of the money we raise to help subsidize the costs for any brother who wishes to attend a Phi Delta Chi Conference. At the beginning of each semester I plan on sitting down with each committee head to determine the budget for each committee. The budget will be stuck to so that our finances will stay in order. I am proud of everyone’s efforts and I am excited for the potential of the coming year.

–Amanda “Weasley” Atherton

“Leadership in today’s world requires far more than a large stock of gunboats and a hard fist at the conference table.” -Hubert H. Humphrey
INCOMING/OUTGOING: A year into being Worthy Alumni Liaison has not only given me a first hand experience in how to communicate with alumni. It has shown me how we as undergraduate brothers can prepare for moving on to alumni status and keeping strong ties with our chapter when we do so. From our first days of pledging, until the day we graduate, undergraduate brothers have had, and will continue to have the opportunity to help younger brothers, and receive guidance from the older ones. There is no reason that this sentiment should not continue once a brother moves to alumni status. This cannot be expected to simply happen on its own without any guided efforts on behalf of all brothers. It is our responsibility to understand what it is we are trying to accomplish as a chapter and direct our actions to make that a reality. With a large number of brothers graduating in the next few years, it is crucial that when we make that transition to alumni status, that we never lose a sense of belonging to Phi Delta Chi.

It is not always easy to realize every aspect involved behind the changes in one's life. It is possible that when we find ourselves freshly graduated, ready to leave Northeastern behind to lead our lives as Pharmacists, we may not notice that we have taken one step away from a life that we have been living for the past six years. That first step, although it is in a new direction of one's own life, does not have to be taken in the direction away from Phi Delta Chi. The most crucial thing needed for the well being of the Phi Delta Chi that we have come to know and love, is continued guidance from alumni. The best way to have continued alumni involvement is for brothers in the transition between undergrad and alumni to never take a step away from Phi Delta Chi, but lead your new path right beside the one you have tread for the past few years. With this in mind, we will never lose a brother to graduation, but we can gain a guiding light that will lead the path for other brothers to follow. In the words of the Buddha, “a man should first direct himself in the way he should go. Only then should he instruct others.”

- Andrew “Stairmaster” Marsella
Worthy Keeper of Records & Seals...

OUTGOING: Finally stepping down from Worthy Keeper of Records and Seals for Beta Chi, a position I’ve held for the past five years, seems like a chapter of my personal book is closing. Holding this position has honestly been part of my most memorable college experiences and adventures. I’ve loved every moment participating in this fraternity; offering advice when needed, and being an active influence as I’ve watched our young chapter grow and flourish. Initially, when I made the rash decision to pledge a then all male chapter of Phi Delta Chi, I thought it would just be something cool I could do to take up some free time. That thought turned out to be a great understatement to an indescribably fantastic new chapter of my life. Through my involvement in Phi Delta Chi I have gained an irreplaceable group of friends, a family, I never thought attainable outside of my own. From late night shenanigans, regional events, Monday night meetings, to just hanging out being silly, I will always hold my brothers in a special place. Beta Chi has made such a positive impact on my education and my own personal development that it has reached that point where I could not picture my life without it. I truly appreciate everything my brothers have given me. I hope I’ve served them well as I start another chapter, which I couldn’t imagine reaching without the amazing support I’ve had these past five years. AAAE.

INCOMING: During the past two years as a brother, I have seen Beta Chi’s potential flourish into remarkable achievements. As the incoming Worthy Keeper of Records and Seals, I am excited to work with the executive board and the brothers to continue on this promising path. I will send out prompt minutes after each chapter meeting, and document all of our fraternity events throughout the year. With the newly implemented Gold Star system, and the impending point system, I hope to increase organization both academically and socially. I am extremely optimistic for the upcoming year, and excited to see how much more Beta Chi can achieve.

-Megan “Ipecac” Lam

“Never mistake knowledge for wisdom. One helps you make a living; the other helps you make a life.” ~Sandra Carey
OUTGOING: My goal of being WC was to showcase all the great things that Beta Chi is and does to everyone else through the Achievement Awards Program. By getting more of the brothers involved each month and delegate a lot of the responsibility it was a success. Another important aspect, to me, was not just showing off what we do to national office, but also show our reports back to our Brothers so they can better understand what the monthly reports take and how they are organized. In the past, many of our WCs had been overwhelmed by the amount of items that can appear in any given month, but I want to thank my brothers for all their help each time that made this responsibility more enjoyable than it was daunting. This is the last “Worthy” position I will hold in our chapter, but I look forward to guiding our younger brothers to ensure our chapter’s success in the future. I have full faith in Corey’s ability to take on all responsibilities of WC next year and my only piece of advice is: Delegate, Delegate, Delegate! And then everything else will be easy as pie.

-Kelly “Lumberjack” Gehman

INCOMING: Of all the things I have learned so far in pharmacy school, few have been as valuable as the meaning of brotherhood. Phi Delta Chi has not only enhanced my learning in the classroom, but also allowed me to grow professionally and personally. Although I am attending school 600 miles away from home, my brothers have become the support system I need to survive any hurdle that is thrown my way. Knowing that my brothers will always be there with a shoulder to lean on has allowed me to take risks, step out of my comfort zone, and view obstacles from a different perspective. I am both excited and eager to give something back to my brothers by serving as Worthy Correspondent this year. I have seen each of us use our talents and strengths to accomplish any goal we set, and I am ready to highlight our endeavors through the Achievement Award Program and chapter publications. I know that it will not always be an easy task, but I am prepared to take on the challenge and use this incredible opportunity to improve my time management and delegation skills. I am also looking forward to expanding my family through communication and collaboration with brothers from other chapters and the national office. The past WCs have done an amazing job representing Beta Chi, and I can only hope to continue building the solid reputation they have worked so hard to attain!

-Corey “Hot Wheels” Burrelli

“The first responsibility of a leader is to define reality. The last is to say thank you.”
~Max DePree
Worthy Prelate...

OUTGOING: I have been quite fortunate to be able to serve as Beta Chi’s Worthy Prelate for 3 consecutive years. I take great pride in not only this position, but in this fraternity as a whole. When I first took upon this position three years ago, I honestly thought that my only duty was to be in charge of the fraternity’s photo album. It was truly a misinterpretation on my behalf of the true importance and value of the Worthy Prelate’s actual position and key role in the fraternity. Whereas it is true that I was known for documenting all our achievements and events, I also took the position a step further and began using my interests in photography and graphic design to contribute much more to the fraternity. Throughout my tenure as the Worthy Prelate, I have worked on projects consisting of several Beta Chi montages as well as the official Beta Chi banner that proudly hangs in Northeastern’s student center. The prelate is regarded as the fraternity’s chaplain, a spiritual figure. I feel that I exemplify this persona as I put my best efforts forward in trying to interact with all the brothers in the fraternity, especially the new pledge classes who are the future of Beta Chi, as the older brothers graduate. I try my best to stay connected with everyone, and at the same time, I do my best to motivate each brother. As I step down from my position and start my rotational year at Northeastern, I reflect back on the epic three years I had as Beta Chi’s Worthy Prelate. I had a blast and hope I was able to make my brothers proud. Although I will truly miss this position, I am positive that it will be in great hands with the incoming Prelate. Best of luck!

-Justin “Blaze” Huynh

INCOMING: I pledged and joined Phi Delta Chi just a few months ago, and to be the Worthy Prelate already is an amazing honor. I’m proud that my brothers elected me and that they trust me to fulfill the duties of such an important position, especially since I just joined. As Prelate for the next year, I will preserve all of the good memories that we have experienced as brothers together, and I hope that through making video montages, taking photos, and scrap-booking, I will help future brothers learn more of the history of our chapter and those that have helped build us up to where we are today.

-Joanna “Paparazzi” Yen

“The real leader has no need to lead – he is content to point the way.”

~Henry Miller
Beta Chi proudly presents:

Eta Pledge Class
Fall 2010

“This, then, is the test we must set for ourselves; not to march alone but to march in such a way that others will wish to join us.” - Hubert H. Humphrey

Pledge Captain: Joanna Yen

Danielle Schenck

Andrew Lee

Jen Cardone

Joanna Yen

Peter Chan

Vishal Thaker

Kishan Mistry

Robin Palatty

Jacky Nguyen

Vishal Thaker

Kishan Mistry

Robin Palatty

Jacky Nguyen
Rushing 2010

By Raksa Taing

Rushing for PDC is always a great time. It's a welcome invitation for all who are interested in PDC to show up and meet all the brothers and learn more about who we are and why we do what we do. For those who are unfamiliar with PDC and what we stand for, it may come as a shock when you enter a room and see all the brothers who make up the fraternity for the first time. The men and women in our fraternity come from all over the country so it’s always great seeing rushes bonding with brothers because they might have come from the same area. As fun as rush is, the importance of the role it plays in the big picture cannot be ignored. The people who rush are potential pledges who, hopefully, will be future brothers. It is critical that rushes should understand that Phi Delta Chi may not be a very large fraternity but it is one made with people who are passionate and dedicated.

Rushing the Eta class here at Northeastern University was a great time. Between myself and the WMA, we worked together to come up with a variety of activities so that people who are interested in PDC can really get a good chance to meet the very people that comprise it. My favorite activity would be the game night we held at the Curry Student Center in which brothers and rushes got a chance to talk and play pool, ping pong, and some foosball (I lost horribly to one particular rush at the time, I'm proud to say she is now a brother). Other activities included hosting an awesome barbecue at one of the brothers apartments and playing a team game called wolleyball (which is like volleyball except in an indoor court so you can hit the ball off the walls). But the one thing I truly enjoyed about rush in general was just getting a chance to meet all sorts of different people and having a great time while doing so.

“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.” ~John Quincy Adams
Pledging was a process in which I have only experienced as a pledge. Pledging is what brings a class together and shapes them as one. All the projects and activities that the brothers assigned helped us understand each other and see each other for what we really are and what we can each bring as an individual to the group. Projects include creating a poster presentation for Health Day, collecting cans to raise money, and creating the paddles. Activities included the cook-off where we were split into two groups, the talent show in pairs or threes to showcase the pledges’ talents. None of these things can be accomplished successfully alone which I think is why they are given to us, to show us that we can’t work alone and that it is okay to lean on others and ask for help.

The Worthy Master at Arms and the Worthy Inner Guard was in a way the connection between the pledges and the brothers. Most of the information that we obtained was through one or the other, they were the ones who kept us informed and helped us through the process by being available for questions, concerns, and problems that we might have. I believe that with all the teamwork that the brothers put into pledging definitely paid off, because my pledge brothers are like family to me now, as if they
By Jason Hoffman

On Sunday, December 5, 2010, the Beta Chi Chapter held the Eta Class formal initiation on the Northeastern University campus. Brother Eric Fields, Northeast Region Director of Alumni Affairs, was in attendance and took part in the initiation ceremony. At the end of the ceremony, Eric gave some words of wisdom to the nine new Brothers, as well as to the rest of the Beta Chi Chapter. In addition, the nine initiates presented decorated paddles to their Big Brothers as a sign of appreciation. After initiation, the Beta Chi Chapter went to Fire & Ice, a stir-fry bar, to celebrate our new Brothers’ achievement. Dr. Douglass was able to make it to dinner and

“Leadership is practiced not so much in words as in attitude and in actions.”
~Harold S. Geneen
Ralph L. Saroyan Brotherhood Report

By: The Eta Class

Finding Home

Walking home from a long day at work, you look forward to finally getting home and relaxing. By the clouds and the frigid air, you can tell a nor’eastern is approaching soon. The snow begins to pick up, the trees sway in the howling wind, and the temperature suddenly plunges as the more serious storm front moves in. Emerging from the forest, you encounter deep snow fallen the previous day as your log cabin comes into view.

As you trudge through the snow, you find a set of footprints that allows your effort to bring you further. The sets of footprints become more numerous as you come closer to the cabin. You can see the light of the fire flickering in the windows, as you begin to hear familiar sounds of laughter. The smell of freshly baked apple pie leads you to recognize the hunger accumulated from the day’s work. Step by step you come closer to the cabin, the sounds and sights create the feeling of warmth within.

A familiar face notices you approaching and opens the door. You escape the cold and find comfort in being welcomed with open arms. Returning home, you look forward to spending time with the people you are close with.

Brotherhood is not something you can find overnight. The journey may be difficult, but the rewards are endless. As we experienced our first year as brothers of Phi Delta Chi, we have come to understand what it means to always have someone there to welcome and support you. Our Big Brothers helped us through the process of transitioning to brothers ourselves. We immediately became a part of something bigger than any one of us.

As we walk forward in life, we realize that others who are with us and those who are more experienced can help us along the way. Phi Delta Chi facilitates these fraternal bonds that tie us all together.

Beginning with the pledging process where we were individuals, we learned to unite in order to accomplish difficult tasks. During this time, we learned about the brothers, and each others’ lives. Through team building exercises we learned how much commitment it takes to be considered a brother by someone else. (continued on next page…)

“To become truly great, one has to stand with people, not above them.”
~ Charles de Montesquieu
During the pledging process, one of our brothers lost her pledge book. Every single person looked tirelessly for it for as long as we were able to. When we failed to find it, we decided that we were all willing to work together to create her a new book. Maybe our dedication was rewarded; the Worthy Chief Counselor of the Universe blessed us by having the lost pledge book found. This was the first time we realized how much work we were willing to do to help a brother. From this we were able understand what brotherhood really meant, that nothing was able to stop us from helping each other.

At another time in pledging, we were asked to cook for the Brothers. This seemed like an easy task until we realized that some of us were unable to cook. Luckily, we learned that one of our pledge brothers loved to cook and was able to take control of the operation. This is a great example of how each one of us is to take the leadership position when the rest of us are lost. She delegated the simple tasks to us while she managed the entire situation and the meal turned out to be a great success. This may seem a small example, but we believe it is the small things that really bond people together over the larger picture. We were able to put our faith in our Brother’s hands and let her lead the way to our success.

This foundation that we created during pledging helped us create a model for the future to together overcome tougher obstacles in real-life situations. As one of the brothers was a key volunteer for the Northeastern Relay For Life, as well was a promoter for the event, over half of the brothers donated money and walked the track for twelve hours.

The friendship that we have formed over this past year is only the starting point for lifelong bonds. We will continue to work together throughout our lives and know that when whenever we need help we have each other to count on. Whatever the weather, we always have a warm home with welcoming arms.

“The mystical bond of brotherhood makes all men brothers.”
~ Thomas Carlyle
The Crowning Glory is to Serve...

“Example is not the main thing in influencing others, it is the only thing.”
~Albert Schweitzer
AIDS Walk 2010

By Dave Ellner

Every June, our chapter participates in Boston’s annual AIDS walk. As a chapter, we create a team for the College of Health Sciences at Northeastern, and lead the college in raising funds for the cause. We have brothers who participate in all aspects of the event, including raising funds, walking, volunteering to help work during the walk and brothers who train to run a 5k, as our brother Brendan Sendrowski has done every year since he pledged in 2005.

Since the event occurs in the summer, it also serves as an opportunity for the brothers in our chapter to come together in Boston during a time when many of us are not in the area for the season. Coming together in the summer is especially nice, because the stress of pharmacy school is typically at a lower level. This gives us a rare chance to be together as a group without having an exam or a paper hanging over most of our heads. As a result, our time spent together is more focused on enjoying each others’ company.

Through the course of the six mile walk, we are reminded of the incredible diversity of the people who come out to support the cause. Being in a crowd of thousands walking for the same cause, and then seeing my brothers around me gives a feeling of being part of a community, which is the aspect that initially drove me to pledge. Events like the AIDS walk really provide a positive environment for people to come together as communities, and in the case of our chapter, to bond as brothers.

“Do not follow where the path may lead. Go instead where there is no path and leave a trail.”

~Harold R. McAlindon
By Kevin Chan

The Beta Chi chapter of Phi Delta Chi held our 4th annual Bouvé Health Day and Flu Clinic on October 6th, 2010. Like years before, it was held in the Indoor Quad of our very own Curry Student Center and this year was better than ever. There were various health displays and presentations for Northeastern students and faculty. We also had two blood drives and a free flu shot clinic happening at the same time. In the large ballroom right next to the Indoor Quad, we brought in Brigham and Women's hospital to host a blood drive and we had our free flu shot clinic in the other side of the ballroom. The flu shots were paid for by the Student Government Association Finance Board and the flu shots were administered by our very own Northeastern Nursing students who received clinical experience that they needed for their classes. Massachusetts General Hospital also hosted a blood drive in their Blood Donor mobile unit outside of the student center.

The Massachusetts General Hospital Blood Mobile collected 37 total units of blood from 48 potential donors. Brigham and Women's hospital collected 65 total units of blood out of 116 potential donors. It was the most blood that Brigham and Women's hospital has collected at any blood drive at Northeastern. Not only that, but their Newborn ICU was in need of O positive and O negative blood donors and they were able to fulfill that need at Health Day. The entire chapter was very happy to hear this news from Linda Perry, the Blood Donor recruiter that worked with us to put this blood drive on. Hearing that sort of news makes it well worth it.

“...the best way to find yourself is to lose yourself in the service of others.”
~Mohandas Gandhi
The Indoor Quad featured many student groups and their displays and presentations. For example, NU HEAT (Husky Energy Action Team) had a display about reusable water bottles and the differences between each, as well as which ones they suggested to use. The Physical Therapy club talked to students about the positives and negatives of the increasingly popular activity of barefoot running and shoes like the Vibram FiveFingers. Huskys CLOWN is a new student organization that came in to talk about their efforts to infuse comedy and silliness with treating patients so as to make their ordeal a little bit easier to handle. They took their playbook right from the lessons of Patch Adams and used Health Day to recruit supporters and new members. Northeastern’s Rho Chi chapter showed off some video public service announcements they made about different health topics. The Beta Chi chapter had our own displays there as well, which included common cough and cold medicines and their proper uses, as well as an information booth about stroke awareness and STD awareness.

We also had outside groups come in, like Barron Chiropractic who came in and gave free consultations to students and faculty. They also did back examinations and they were a very popular table at Health Day. Dana Farber Cancer Institute had a table to talk about platelet donations at their Kraft Blood Donor Center. We were very happy with how Health Day turned out and we had over 2000 visitors come throughout the day.
By Amanda Atherton

Helping with “Up Til Dawn”

After attending the Collegiate Leadership Seminar at St. Jude Children’s Research Hospital this past summer I became much more aware of all of the different students out there who share the common drive with Phi Delta Chi to fundraise and support St. Jude. Although there were four student organizations total at the conference, I connected with the efforts of “Up till Dawn” the most, since they have a chapter at Northeastern. At the conference, the President of Northeastern’s Up Till Dawn group and I decided that both groups would do their best to help each other as much as possible this year.

Every fall, Up till Dawn puts on their signature “Letters for Lives” campus wide letter writing event to benefit St. Jude. The event is much larger than our “Prescription for Hope” event and since this year we did not have any fundraising events planned for St. Jude in the fall we offered to help set up for the Letters for Lives event. 25 brothers came out in letters to volunteer their time at the event. Up till Dawn was incredibly thankful of our participation and we hope that in the future we can expand our involvement with the organization.

Doughraiser

Traditionally, every year in the spring we participate in the signature Phi Delta Chi “Prescription for Hope” letter writing campaign to fundraise for St. Jude Children’s Research Hospital. As a chapter, we are very involved in community service and support many different charities through Relay for Life, the AIDS Walk, and many others. A big issue that we have found in the past is that the brothers run out of resources and end up asking the same people for donations time and time again. Visiting St. Jude Children’s Research Hospital truly sparked my drive to increase our fundraising for the hospital this year, but I understood that it was not feasible to expect our friends and families to continue to give and give. At the beginning of second semester the St. Jude Fundraising Committee reached out and asked Uno’s Chicago Grille to sponsor a “doughraiser” fundraiser on behalf of St. Jude. On Saturday, March 17th and Thursday, March 31st 20% of all proceeds of those who turned in a doughraiser flier was donated to St. Jude. Through this easy fundraiser we were able to raise over $300. It was incredibly successful and we plan to make it an annual event.

“The thing that lies at the foundation of positive change, the way I see it, is service to a fellow human being.” ~ Lee Iacocca
When I came up with the idea of Alternative Health Day, I was preparing to travel to Singapore and Thailand on a Dialogue of Civilizations trip. I wanted to learn more about alternative forms of medicine used so widely throughout the world, and help to educate the rest of the Northeastern community on these practices. Fletcher had already given a presentation to us on his Dialogue trip to China, and I figured there was still a lot more to learn.

Last year’s Alternative Health Day was pretty successful, but the attendance was lower than expected because it was held during the summer. In an attempt to remedy this, we held it on a Tuesday in March instead. Rather than mimic our regular Health Day, the day was to be focused on more separate, individual events. We still held a blood drive with Brigham and Women’s in the Curry Student Center Ballroom, to maintain our positive relationship with them (especially since we’ve collected over 32 gallons of blood for them, since our partnership began!). We received donations from VitaCoco coconut water, Au Bon Pain, and Nutrition One to give out throughout the day.

For the events, we were to have three; a lesson on Acupuncture from Dr. Eugene Bernstein, in which Dr. Bernstein demonstrated acupuncture on student volunteers, the benefits of proper nutrition and a healthy diet from Dr. Ellen Glovsky, and information on body mechanics and kinesiology from Dr. Gil Weiner, including a demonstration of Tai Chi. A scheduling conflict prevented Dr. Glovsky from giving her presentation, but Dr. Bernstein and Dr. Weiner each educated crowds of about 30-40 students in their respective disciplines.

There are still many more improvements we can make to Alternative Health Day, but these past two years provide a solid basis for a great event.

“To give real service you must add something which cannot be bought or measured with money, and that is sincerity and integrity.” ~Douglas Adams
Edward M. Kennedy Academy for Health Careers Mentoring Program

By Connie Lu

During the Fall 2010 semester at Northeastern a new mentoring program was created by Beta Chi after much hard work and coordination by a few brothers and the health engagement coordinator at the Edward M. Kennedy Academy for Health Careers, which is located right on the edge of campus. This program started off with 20 mentors kicking off the event; therefore, we were able to pair 2-3 9th grade student with each mentor. The majority of the mentors were brothers but we did reach out to other majors as well. These mentors acted as a guide for students who had any questions or issues whether it was about school or any events that were going on in their lives. Also during the fall semester, we met about every other week to have soft skill building workshops that allowed mentors and mentees to get to know each other better and start to form a stronger bond and friendship. Continuing on into the spring semester, the mentoring program has definitely grown.

For the Spring 2011 semester there were 23 mentors due to some new additions which allowed some mentors to have less mentees. Since mentors had less mentees they definitely became more focused with their relationship with them. The spring semester continued on with soft skill building but also had leadership and confidence development. The original goal of this program is to promote and nurture the 9th graders desire to continue onto higher education and to pursue a future in the health professions.

For the year to come, we are looking into adding on discussion sessions about a different health field every week; this will allow other Northeastern student groups such as the Student Nurses Association, Physical Therapy Club, and so on, to come and talk about their field and answer any questions that the students may have. This program is continuing to grow by the day, and we are very excited to see the future it has.

(Below: Brother Justin, Headmaster and his mentees, Right: Brother Kevin T and his mentees)
On Saturday, November 13th, 2010, Phi Delta Chi participated in the Blackstone Elementary School Day of Service that was hosted by St. Stephen’s Episcopal Church. During this day, we volunteered and performed different tasks to help improve the current library and parent center at the school. Numerous books were donated to the library that needed to be organized, re-labeled, and shelved in the correct order. In the morning, some of us worked on labeling the chapter books, while others did some manual labor to clear out a space for the parent center. After all the books had been labeled, it was necessary to tape over the binding to ensure the labels would stay in place. We were provided lunch and then we worked on making sure the books were put in the correct area on the shelves. There were also many books that were in Spanish and we had to make sure they were put in a separate section in the library as well as created another section in the library for the chapter-book-series. At the end of the day, we did an overall final cleanup of the library, and although there was still some work to be done, we had accomplished a lot and had a great time while doing it.
Relay for Life

By Erica Diamantides

As a second year member of the NU Relay for Life committee we had lots of pressure to do not only as well as our first Relay but even better. Northeastern’s first Relay in March of 2010 was awarded the American Cancer Society’s “Rookie Relay of the Year.” The stakes were high and the expectations of our Relay were even higher. As I got closer to the event my free time was non-existent, spending all of my time working out the timeline for the entire 12 hour event and contacting the performers to keep them in the loop.

In what felt like no time at all it was time for the event that we had all been preparing for. By March 28th, 2011 we had 31 brothers register under the Phi Delta Chi Relay team. The event ran from 6pm to 6am and Phi Delta Chi had a very prominent presence throughout the whole night. The team came prepared with lots of food, sleep amenities (though they didn’t get much), walking shoes, and lots of caffeine. The team participated in activities like Frisbee, twister, a zumba class and so much more. I don’t know what I would have done without all my brothers there for moral support. From the iced coffee that Brother Kelly brought when we were freaking out about registration and getting over 1,500 people into the arena in a timely manner to the support of Brother Fayth and Connie’s performance with Barkada and my 3:30am performance with Treble on Huntington Beta Chi was there in full force. I am truly thankful that if I were ever overwhelmed or stressed I could look over to the PDC campsite and feel comforted that my brothers had my back.

By the end of the night our Phi Delta Chi Relay team had raised over $2,100 for the American Cancer Society, $1,500 more than we rose last year. Next year I’ll be running the entertainment for the event again and I know I can count on my brothers to be just as supportive as ever.

Co-op Expo
By Robin Palatty

On May 25th, Phi Delta Chi hosted its first CO-OP panel expo. In it, several brothers, along with volunteers from other sites, educated future pharmacist on the benefits of coop and offered advice on opportunities around the greater Boston area. The event was a huge success with many students attending asking questions regarding their future careers. A few students asked what the advantages of doing a third Co-op was, while others tried to diversify their professional development asking about compounding centers located around Boston or what working outside of Boston was like. We had representation from all the major City hospitals, industry, independents, chains, research opportunities and more. We would love to continue to do this event every semester as it allowed students to gain a first hand look at what they will be doing at a certain location as well as addressing any possible questions such as transportation issues or weekend hours. We believe that this event truly affected each student while proving to be a valuable asset to the pharmacy as a whole. Both pharmacy co-op faculty attended the event and gave us a big “thank you” for putting on the event for the younger students.

“It is the greatest of all mistakes to do nothing because you can only do little -do what you can.” ~Sydney Smith
Scholarship Program

By Fletcher Tang

The brothers of Beta Chi demonstrated a strong dedication to scholarship and academic improvement throughout the 2010-2011 school year. The chapter’s scholarship committee, chaired by Megan Lam, developed the Old Gold Star initiative for incentivizing and rewarding academic excellence. The program recognizes brothers who make the Dean’s list each semester (a GPA for the semester of 3.25). At the beginning of each semester, the scholarship committee verifies this information on a voluntary basis and distributes Old Gold Star certificates signed by the WCC. Once brothers accumulate four stars, they receive a Phi Delta Chi t-shirt paid for by the chapter. When brothers tally stars for seven semesters, they receive a hooded sweatshirt from the chapter. Although no brothers are eligible yet for any rewards, the Old Gold Stars are being electronically documented to ensure accuracy.

As of December 2010, the average GPA for all collegiate brothers was 3.35 on a 4.0 scale. The number of Old Gold Stars distributed improved between the fall and spring semesters has improved significantly, however the exact numbers have yet to be compiled.

At least one Beta Chi brother in each class has been represented in the Rho Chi honor society since the chapter’s founding. Paul Groux proudly wore the purple and white chords when he received his PharmD on May 5. Jessica Baron currently represents the fifth year class, and fourth years Lindsey Pelletier and Fletcher Tang will be initiated on June 10 of this year.

In addition to her Rho Chi membership, Jessica Baron has represented Phi Delta Chi with an impressive list of accomplishments. Most impressively, Jessica finished five years of coursework with the highest GPA in the pharmacy program. She was also named one of Northeastern’s 100 most influential seniors, and was presented with the Condit award for having one of the top 100 GPA’s in the university’s entire senior class. Jessica and the other sixth years graduated with a bachelor’s degree in pharmacy studies this spring, which includes all of the program’s classroom experience.

The brothers of Beta Chi have also established a tutoring program within the chapter. Brothers seeking tutoring in specific classes can post on an online thread to get the attention of older brothers with experience and expertise in those areas. Brothers also frequently participate in informal study groups to cooperate and discuss material with our classmates. We are constantly pushing and encouraging each other to excel academically, and scholarship remains one of our chapter’s foremost priorities.

“It is the service we are not obliged to give that people value most.”
~ James Cash Penney
Brotherhood

“A man's growth is seen in the successive choirs of his friends.”
~Ralph Waldo Emerson
By Steve Munnelly

Going to LDS was one of the best opportunities I have been presented with since I first became a brother of Phi Delta Chi. I not only hold the position of Worthy Vice Counselor of my chapter, but I also work in Northeastern University’s Office of Undergraduate Admissions as a coordinator for the Husky Ambassador program. With these two positions, I have a large amount of responsibility, and LDS helped to give me a great foundation to grow into a more effective and capable leader. I realized countless ways to keep those in my chapter involved and meet their needs more completely.

From the many different modules we completed, I learned about the many facets of effective leadership; the needs of the many need to be met, not just the needs of the few that often vocalize it. I also learned that my chapter makes it easy to be a leader; we have a fantastic brotherhood, with less than 50 active members accomplishing so much throughout the year. This brotherhood, combined with the relatively short lifespan of our chapter, has given us the opportunity to continuously adapt to the needs of our brothers, our university, and our community. I’m amazed by the strides we’ve made in the recent past, and I’m anxious to see what accomplishments our newest brothers will make.

Jamie and Eric were quite possibly the best facilitators I could have imagined; they were perfect foils to each other, but worked so well to establish an open and comfortable atmosphere. And the group we had made it so easy to be candid and honest… I can’t wait to see many of them again at Buffalo next year! I couldn’t have imagined having so much fun in learning modules, or feeling so welcome in a place I have never been before with people I have never meet before.

As a whole, LDS was a fantastic learning experience that I can’t imagine missing. I feel as though I was given the proper tools to become a more effective leader, and I was given the opportunity to meet and interact with a fantastic group of brothers from across the country.

“Since there is nothing so well worth having as friends, never lose a chance to make them.”
~ Francesco Guicciardini
Fall Retreat

By Katie Trotta

This September, we had a retreat at State-line Campground to start the year off right: having fun and setting the stage for the upcoming year. We started out the weekend setting up tents in a large clearing and making fires so we could roast marshmallows and have a night of easy brotherhood fun and bonding. The night was just what we needed after a summer of being apart and busy, and it got the weekend off to a great start.

Saturday morning we woke up to a day of looking forward to the upcoming year and establishing how we were get it all done. Brothers who attended LDS were able to give us a recap of what they learned there and tactics for how we could apply leadership techniques to our own lives. We also had PDC goal-setting session; not only goals for the fraternity but also personal goals. Everyone there opened up about what they hoped to accomplish for themselves in the upcoming year, and it was very inspiring to see the different areas people felt passionate about. It was easy to see the potential we had to do great things; there were so many great ideas brought up and we wanted to try to work on many of them. We put all of our personal goals in an envelope and sealed it up to look at, at the end of the year, while we wrote the fraternity’s goals on huge poster boards to keep us forward focused for the year.

The campground had a DJ that weekend, so a lot of dancing happened, which was a lot of fun and a great way to decompress and just have fun after a busy day. The weekend was the perfect way to set the stage for the year and have a fun weekend together to start things off in a positive way.

“There is nothing on this earth more to be prized than true friendship.”
~ Thomas Aquinas
By Carolle Agaton

In November of last year, three of our Beta Chi brothers, Erica, Kelly, and Carolle, ventured to Maine to aid in the initiation of the Gamma Mu chapter at Husson University. Because we are still a relatively young chapter, we had only initiated a few classes of our own, so we were interested in seeing how some of the more experienced brothers went about initiation. With the guidance of Regional officers, National Office Representatives, and older brothers, Lexie Turner, Kenny Walkup, Eric Fields, Ryan Costantino and Josh Garrett, we learned new tricks, learned more efficient strategies, witnessed old traditions handed down from different chapters, and also added our own Beta Chi touch to the ceremony.

We met new brothers, both young and old, and told them stories of our experiences as brothers. We spoke about Alpha Theta’s biannual Wingding, Eastern Regional Conference, Grand Council, and the events that our own chapter sponsors such as Health Day, Alternative Health Day, the BX retreat, chapter visits, etc. The Gamma Mu’s were mesmerized at our stories, and they became excited and eager to join us on our fraternal excursions. It was the first time they had encountered another chapter, and it was as if they had just realized what Phi Delta Chi is all about: brotherhood. They were no longer an isolated chapter up in Maine, they were a part of the strongest region; the Northeast Region, and much more, a part of a great, national fraternity.

As we finished our post-initiation dinner, we exchanged Facebook information and phone numbers, so that we could keep in touch and keep our newly-forged alliance burning. Since then, we have been planning Gamma Mu-Beta Chi chapter visits and keeping each other updated about our activities. Because we took part in their initiation, they recognize us as a source of information and guidance, as well as appreciate us. In a small, but still important, manner we three Beta Chi’s are a part of Phi Delta Chi History.

~Ron McKuen
By Kevin Chan

On April 14, 2011, the Gamma Kappa chapter of Phi Lambda Sigma of Northeastern University was activated and held its initiation, of which five brothers of Phi Delta Chi Beta Chi chapter participated in. The brothers that were honored include Jason Hoffman, Erica Diamantides, Connie Lu, Fayth Edillor, and myself, Kevin Chan. Phi Lambda Sigma is a national leadership honor society that two 5th year students, Jay Bornstein and Eric Hinderleider helped to reactivate at Northeastern University. Naturally, we felt very proud that five Beta Chi brothers were chosen, out of the many students who applied, to be honored as the top leaders of the Northeastern University School of Pharmacy.

We spend a lot of time and effort promoting and developing leadership within Beta Chi, so it’s great to see that time and effort rewarded with this honor. The ceremony took place on campus in the Kerr Hall Suites in the traditional fashion that occurs with every chapter of Phi Lambda Sigma. The President of Phi Lambda Sigma, Dr. Joe Bonnarens flew to Boston to help us with initiation and to talk to us about our goals as a newly reactivated chapter of PLS. A few of our faculty were also integral to making this happen, including Dr. Lynne Sylvia, Dr. Debra Copeland, and Dean Jack Reynolds. We hope that we can make our chapter of Phi Lambda Sigma a successful one and we hope that we have even more brothers of the Beta Chi chapter honored in the future.

“Friendship... is not something you learn in school. But if you haven’t learned the meaning of friendship, you really haven’t learned anything.” ~Muhammad Ali
Midnight Harbor Cruise

“I get by with a little help from my friends.”
~ John Lennon
By Jason Hoffman

At our Graduating Brothers Ceremony in April, the Beta Chi Chapter gathered to honor our three graduating Brothers of the Class of 2011: Brother Michael Sevigny, Brother Will Agnew, and Brother Paul Groux. The ceremony consisted of a photo montage of the graduating Brothers and the Beta Chi Chapter from the last year made by the Worthy Prelate, Justin Huynh, as well as words of wisdom from the graduating Brothers. Brothers Mike, Will, and Paul were each given Phi Delta Chi graduation cords for their upcoming graduation. Beta Chi awarded the second Peter F. Millin Brotherhood Award, which is in memory of alpha class Brother Pete, who is ubiquitous when the Brothers of Beta Chi reflect upon brotherhood. This award went to Brother Amanda Atherton for outstanding dedication to brotherhood and our Fraternity. We also awarded the second Vlahopoulos Cup to Paul Groux for his academic excellence through the course of the pharmacy program. The Vlahopoulos Cup is named after Brother John Vlahopoulos, who organized the founding class of the Beta Chi chapter six years ago. It was a nice afternoon for all brothers to reflect upon the year as it comes to a close, honor our graduates and honor some of the brothers’ achievements. Afterwards, those who could make it out did a little extra celebrating and brotherhood bonding at Fajitas & Ritas followed by a walk through the city on one of the first nice Spring days of the year and treats at J.P Lick’s Ice cream.

“You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You’re on your own. And you know what you know. You are the guy who’ll decide where to go.” ~Dr. Seuss
Thanks to all Beta Chi brothers who contributed to the 2011 edition of the Nor’Easter. It once again was a lot of work, but well worth it to compile all the great things, that Beta Chi is and does, into one place for all to see. Raise your mugs to another successful year. We have continued to move forward over the last few years, due to old brothers and new ones who have joined us alike, working together to improve our community all while enjoying the brotherhood around us. We’ve made our mark on campus and continue to do innovative things throughout the Bouve College and Northeastern to show them what it means to say: “I am Phi Delta Chi.” We wish our new alumni well as they move onto the beginning of their professional lives, but may they also know that they can come back to their PDC home always.

“\textit{The language of friendship is not words but meanings.}”
- Henry David Thoreau