The Nor’Easter 2010

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Beta Chi Chapter,
Northeastern University
Boston
I came into this position with one goal – to have this fraternity be something our Alpha class is proud of. They have all graduated now, and may be a little further out of reach as they relocate across the country, but definitely not out of mind. After a long year of hard work by many dedicated brothers, and renewed enthusiasm I can proudly say we have accomplished my goal. We’ve built upon our old progress and created new events to keep us heading in the right direction. We’ve strengthened our bond with brothers across the nation as well with regional and national officers. I could not be happier with the direction we’re going and I’m confident in Kevin’s ability to keep us headed there. Thank you, Bros, for a great year, AAAE.

I left a position of great responsibility to come to a position of even greater responsibility. Will I be able to handle it? I sure hope so.

Seriously though, I am really excited to come into the position of Worthy Chief Counselor and I know I’ll do all that I can to do this chapter proud. The past year has been a huge rebuilding period for our fraternity, and Kelly has done a great job as WCC and I can only hope to match her success. I want to continue all the great things we’ve been doing and I know that I’ll have the help of some of the best brothers I could ask for. It’s going to be a tough and arduous journey, but I know we’re all ready to go for it.

We're a pretty young chapter and we have grown so much, but we still have room to grow and more to achieve. I want to continue with all the great things we do, like Health Day and AIDS Walk and put forth the effort into new initiatives, like Alternative Health Day, Relay for Life, and our other new and upcoming projects. It makes me happy to think I’m going to have a whole crew of passionate and hard-working brothers around me as I tackle these challenges. So how bout it? Let’s go get it.
I have been the head of the Professional Events Committee for a year now, and have thus acquired a large amount of knowledge about running events on a larger scale as well as mobilizing my peers to assist in these events. My reason for running for Worthy Vice Counselor was to gain a bit more influence in the workings of the fraternity as a whole, not just in the manner of professional events. We have gone through a renaissance of sorts over the past year, becoming much more organized and involved overall. I plan on building on this success by adding another large-scale professional event on Alternative Health and Wellness, as well as helping to get more involved within our university and the community of Boston. I will be attending the Leadership Development Seminar in Madison this summer, so hopefully I’ll be able to build my leadership skills further and get more ideas to improve our chapter even more.

Having done a term as vice president, I’ve gotten a few insights on what the position entails. Before going into the position, I really didn’t know what kind of work I would be required to do. I’ve basically thought of the position as one you can mold to your own. I had advise from my worthy chief counselor, and helped her in the tasks she needed to be done. But other than that, you basically make this position your own. There is more behind the scenes work that the WVC does, such as paperwork, attending meetings and helping other brothers out with their tasks. As the WVC, this is a great position to be one of the helping hands on the numerous projects our chapter does each semester and as a position with few boundaries, it lets you grow indefinitely.

Although I was only privileged enough to be the WVC for one interim semester, I loved every minute of it. Through this position, I was able to represent the fraternity and show my enthusiasm & love for the chapter. Working with our WCC, I put some of the ideas swimming around in my head into action, and this made me feel accomplished and so happy. I was honored to be able to lead the goal-setting sessions we held at the beginning of each semester; to me it means so much to be able to hear the places my fellow Beta Chi’s see our chapter going in the future, and I am proud to say many of our goals have been achieved. Beta Chi has grown so much over the past year, and I am excited to see where we go in the future.

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Since becoming a brother of Phi Delta Chi, I wanted to hold an executive board position. I wanted the opportunity to exercise my leadership skills and make my ideas a reality. Being elected WFK was a huge honor. I've taken the position extremely seriously, and have gotten our finances in order. When I came to office, we had accrued a debt over $5,000, and there were brothers who hadn't paid dues in years. We had no budget, and limited records of funds. I made it my goal to collect all owed dues by every brother, including those who had graduated. Our chapter was able to eliminate our debt, and a budget has been created. I am excited to see what events and activities our fundraising will be able to subsidize.

I served two years as the Worthy Keeper of Finance. I first worked under the past WKF to train, which was very interesting and I learned a lot about how the money dealings at Northeastern go. I enjoyed just doing whatever he needed to be done and keeping the finances in order. Since I lived on campus and was closer to everything going on, I really felt like I was helping out. I stepped up as head of the Advertising committee for our annual health day and used the fact that I was WKF in training to make it easier since I was the one making the purchases through the school and dealing with the repayment. My second year, although short lived because of my time abroad, was just as much fun as the first... I guess because I enjoy doing paperwork! All in all, I loved serving the chapter as WKF, and looking towards the future I know that we are in good hands with the next WKF. I have no doubt that the chapter will continue to grow and accomplish new things.

WKF in Training:

Erica Diamantides

After completing my first year as a brother of this fraternity, I quickly experienced the numerous social and professional opportunities available to us. It also didn't take too long to figure out that attending all of them could put a large strain on my bank account. Many of my brothers found themselves in a situation similar to mine: torn between the urge to attend a certain event and the amount of money that it would cost. For this reason I ran for the position of WKF Jr. My goal in this position is to implement sources of funds that will stay constant for years to come. With fundraising strategies in place we can then allocate those resources to events such as Grand Council, Regional events, Wing Ding, and endless other events.
After our Alpha class graduated in 2008, the brothers of Beta Chi were left with little experience in the pledging department. As the WIG in 2009, I realized how much effort and organization is required for pledging to run smoothly. The 2009 Epsilon pledging was a learning experience for me, and after gaining only four brothers, I was determined to make 2010 as successful as possible. I think that when we pledged the Zetas, we brought a whole new level of organization to the table. I kept the brothers informed on a daily basis with emails and calendars, and was in constant contact with Kyle, the Zeta pledge captain. After this year I feel like we have our traditions and agenda much more clear cut, which will result in subsequent years being just as successful.

As incoming Worthy Master-At-Arms, I am going to work to continue those aspects of rush and pledging that worked well last year, and along with the new Worthy Inner Guard, Raksa, strive to once again make pledging an experience that this year’s class will look back on with fond memories. I will also work with Raksa and Fletcher, the outgoing Worthy Master-At-Arms, to compose a “book of wisdom” for future Worthy Inner Guards and Worthy Master-At-Arms to draw knowledge and guidance from. I wish to repeat successful events from last year, especially Wallyball and our barbeque during rush, and the talent show during pledging. I look forward to a great year and hope that I can help make this year’s pledge as memorable and positive an experience for the future brothers as our pledge was for me.
I am very honored and excited to have been elected to the position of Worthy Inner Guard. I was very involved in rush and pledging of our Epsilon and Zeta class and learned many things about rushing and pledging from the Worthy Inner Guard and Worthy Master at Arms at the time. From those experiences and that of my own pledging, I feel that I am capable of handling the duties of being the Worthy Inner Guard with confidence. Our next class, Eta, will hopefully be an excellent and outstanding class as the previous ones have been.

As this year’s Worthy Inner Guard for Beta Chi, I assisted Fletcher, our Worthy Master-At-Arms Fletcher Tang in coordinating and overseeing the Fall 2009 rush and pledge of our Zeta class. Together, we planned rush events such as the game night that took place in the student center that featured pool, ping pong, Wii sports and foosball, and our new event; Wallyball. Wallyball is similar to volleyball, but played in a racquetball court, allowing the walls to be considered in play. This event was a huge success, and allowed us to get a feel for how the rushes worked together as parts of a team. During pledging, I helped plan the daily activities that we had for the pledges such as brother interviews, library group study sessions, and the annual talent show. Overall, seeing the quality of the ten new brothers that were initiated this year really made me feel as though I had helped Fletcher raise a great class that I was really excited to see become a part of our Beta Chi family.
I'm glad that I was given the chance to be the WAL this past year. I enjoyed communicating with all of our alum giving them updates on annual or new events, as well as hearing about what was new with them. It was exciting to learn how everyone was doing after graduation and settling in their new jobs. There are brothers who got engaged, and ones who have welcomed a new life to their family. It was nice knowing that they are only an email or phone call away, if we ever had any questions or needed someone to talk to, even though they are no longer in Boston. Although we do not have an alumni chapter up and running yet, we've made steps in the right direction, and I am confident that the new WAL, Andrew, will be able to help our chapter move forward.

As the newly elected WAL, I am excited to build stronger connections between alumni and the collegiate brothers. Because we are young chapter, many of the brothers know all of our alumni personally. I believe this presents a great opportunity to form a strong connection between alumni and collegiate brothers that in the future will become a foundation to our chapter's success. Our chapter can benefit greatly with the help of our alumni, and I hope to achieve this as WAL. I look forward to working with Eric Fields to charter an alumni chapter of Beta Chi, and to serve this fraternity to the best of my ability.

I take great pride and joy in being Beta Chi’s Worthy Prelate. Recently, I was elected for a third term and I am honored to be able to serve for an additional year. The Worthy Prelate acts as the chapter’s chaplain and is responsible for glorifying what it means to be a brother of Phi Delta Chi. Throughout my tenure as the Prelate, I have attended events the chapter has put on and documented them via photographs and videos so that not only our chapter, but also the public, will have recognition of all our hard work and achievements. I take pride in glorifying our chapter and that is why I chose to design the official Phi Delta Chi - Beta Chi chapter banner that hangs proudly in our student center. As Prelate, I try my best to think of creative, new ideas and projects that can showcase our fraternity in the best light and celebrate all our achievements as well as all of our memories together. It feels great to be able to contribute to our chapters history.
This past year has been a large learning experience for me as Worthy Correspondent. I'd like to think that I have improved greatly in this position from the beginning until now. I don't think I really completely understood this position until I had to take full control of it. It is a position of great responsibility, as you are the one link between the national office and your chapter. Being able to meet deadlines was one thing that I learned a lot about because, let me tell you, it was kind of rough for the first few reports. But, pretty soon, I was able to get the whole chapter involved, and the importance of the monthly reports was becoming quickly understood among all the brothers.

I hope that my work as Worthy Correspondent was a good starting point for us to work towards bigger goals. I've always known that our chapter is great and we're capable of great things and I hope that I have helped in being able to convey this to the national office and Phi Delta Chi as a whole. Thank you for letting me serve as your Worthy Correspondent! Good luck, Kelly, on being our next WC, I know you'll do a great job!

I've come to realize the importance of the WC’s responsibilities and tasks and their valuable importance. Kevin has done a great job with this position and I only want to improve upon the work he’s done. Eastern Collegiate affairs officer, Lexie, said it best when she said to us: “You guys do great work you just need to put it on paper better.” My goal is to really show off all the greatness that Beta Chi is and showcase all we’ve got and having the help of each brother along the way. The Achievement Awards Program is what ranks us amongst the other Phi Dex chapters and I want them to know Beta Chi has what a Thurston Cup Champion takes!!

WKRS is a great position to have in the chapter. I’ve held the position for 3 years, going on 4, and absolutely love it. As WKRS its my responsibility to attend all the chapter meetings and keep the brothers updated on the minutes and what was discussed. Its a great way to know whats going on at all times, and to help the brothers stay on the same page. I like being part of the executive board in decision making and helping the WCC and WVC as they need it. Its an important job that I am passionate about and will be sad to let go.
As the spring semester at Northeastern University (NU) comes to a close, I have never been more proud to be serving as the Beta Chi chapter’s faculty advisor. This academic year has been the most productive, in the six years that I have served as the advisor. Ten motivated young members were initiated into the Fall pledge class.

The fall semester opened with PDC’s busiest and most high profile event, the Bouve Health Fair and Flu Clinic. Over 2,000 people attended the campus-wide health fair, which was PDC’s third annual event, and its most successful. In collaboration with the School of Nursing, the School of Pharmacy faculty administered approximately 1,000 doses of donated seasonal flu vaccine free to NU students, faculty, and staff.

The PDC’s have also participated in several philanthropic projects over the academic year worth noting. Several brothers have volunteered to partner with the NU affiliated Health Careers Academy and will be mentoring high school age students and educating them on careers in health care. The chapter has also recently hosted a fundraising event for St. Jude’s Children’s Hospital at a local restaurant and all proceeds were donated to St. Jude’s.

Lastly, the brothers have been actively involved in several other projects over the academic year including: hosting campus-wide blood drives; holding a memorial for an alumni brother who recently passed away; initiating a graduating brothers ceremony, and participating in several chapter, regional, and grand council visits.

“No general can fight his battles alone. He must depend upon his lieutenants, and his success depends upon his ability to select the right man for the right place.”

-Philip Armour
After gaining only four new brothers in the fall of 2008, Beta Chi’s recruitment committee set out to do our share of advertising for the 2009 rush. We set up tables in the outdoor quad of campus and in the student center during the activities fair. We also had brothers visiting each of the intro to college seminars for freshmen pharmacy students. By the first rush event, we had already collected over a hundred email addresses.

Our rushing period lasted approximately a week and a half and started with a pizza party and informational seminar in Northeastern student center. About forty students attended to learn about Phi Delta Chi. During this session, the beta chi members each said something quickly about themselves, and about the fraternity. After the brief introduction, the brothers rapidly dissipated into the masses to have more personal and informal conversations with the prospective pledges.

After the first event, the number of interested people dropped below forty. A few days later, the rush was continued with a meeting in the game room of the student center. Rushes mingled with the brothers in the informal and comfortable setting and were all engaged in games of pool, ping pong, and wii sports. This time, the interaction was mostly done on a smaller scale, due to the size and nature of the game room. It was at this event that the brothers started to get a good eye for which rushes might make good pledges, and subsequently, brothers.

This year, we decided to try something new during rush, one of the brothers reserved two racquetball courts in the university’s gymnasium where we organized a game of wally ball. Wally ball is a team sport similar to volleyball, played on a smaller court, where teamwork and
cooperation are key elements. Everyone had a great time, and got to interact and get to know each other a little more. The great advantage of this event was it allowed us to see which of the potential pledges worked better with others and who approached the activities with enthusiasm and optimism.

By the last day of the rush period, the 23 remaining rushes had gotten to spend plenty of time together and had begun to learn about each other and the fraternity. The last event was a barbecue party held in an outdoor courtyard and later, an off campus apartment. After eating and socializing for a bit, pledges were led one by one into one of two rooms containing brothers where their interviews were conducted. There were four brothers in each room, with the WMA in one, and the WIG in the other. Brothers asked the pledges about their motivations, personality, and dedication towards brotherhood, as well as miscellaneous questions to try and learn about their personalities. One brother in each room jotted down notes for later analysis.

After the barbecue, the recruitment committee sat together in a shut-in style meeting to agree on which pledges to select. After deliberating and discussion, the brothers decided on seventeen of the rushes to progress into the stage of pledging. The next day, all 23 of the people who showed up to the barbecue were called individually to be informed of our decision.
PLEDGING 2009

Pledging began in September with a group of freshman and sophomores who knew nothing about each other, but would soon grow into a family. We had certain goals in mind for these pledges, similar to most other pledge classes: unity between one another, dedication to our chapter, and a love for the fraternity. We only had a little over a month to help the pledges understand the importance of each of these entities, so we definitely had our work cut out for us, but we knew it was an attainable goal.

The first day of pledging brings about a look into the future for the Zetas. They were given manuals containing important and confidential information about the fraternity which they would have to learn. We wanted them to know the history of the fraternity, the motives it was founded on, and all of the basic information we all learned during our pledge period. As the day went on, they had some struggles working as a group of strangers, but we knew they would have a much easier time as their relationships strengthened. During lunch time, the pledges selected Kyle Snowden to be their pledge captain, meaning he would lead and organize them for the entirety of the pledging period. With some organization, and Kyle as their leader, the Zeta pledge class began to grow the friendship basis necessary to every class.

The end of the first day brought something new for the pledges; they were all given their pledge pins and pinned by their new Big Brothers. The pledges were required to wear their pins on professional attire to all of their classes to signify the professionalism of Phi Delta Chi, and they always had their Big Brothers to turn to with any questions or problems they faced.

Throughout the four weeks of pledging, the pledges were required to meet with the collegiate brothers and conduct interviews to get to know each of them better. Events were organized where a few brothers would give their interviews at the same time and place. After each brother finished telling the pledges about themselves and their past, the pledges would have a chance to ask any questions they wanted about preferences, stories, and background information. This information was important for the bonding of the brothers and the pledges.

On various nights throughout the week, the pledges were also taken to the library so that they could study as a group while spending time together, and so that we could efficiently blur the line between time spent with the group, and time spent on personal school work.
This was the first year that Beta Chi collaborated with Lambda Kappa Sigma for our annual pledging talent show. The pledges were split into groups of two for the actual competition. Before the competition started, all the Phi Delta Chi pledges performed a synchronized dance to the song “Thriller”, and the LKS pledges did a dance to the song “Push it”. The individual acts were all thought up by the pledges, and included comedy routines, dances, and food challenges. There was an even number of judges from Phi Delta Chi and Lambda Kappa Sigma.

Within the first week and a half of pledging, seven of the pledges decided that Phi Delta Chi was not for them, and we mutually parted ways with those individuals with no hard feelings. After this initial reduction of numbers, the pledge class remained ten strong until the end.

One yearly tradition we have is the pledging cook off, where the pledges are divided into two teams, and required to cook similar dishes which are judged by the brothers. The cook off is one of the more relaxed activities of pledging which supports teamwork and forces the pledges to manage their time efficiently as well as communicate and cooperate effectively. This year, the two teams each made a pumpkin pie, meatloaf, and mashed potatoes.
By the end of four weeks, the pledges were ready to cross over and become Phi Dex, Beta Chi brothers. They had spent their last four weeks accomplishing the goals we had set for them: Know the brothers, know each other, a professional project, and a service project and have some fun along the way. They had made some significant improvement since they started the pledge process. In the final stages they heard from many collegiate and alumni brothers on the principles of brotherhood, and on what it truly means to be a brother of Phi Delta Chi.

All ten of the pledges had made fantastic progress, and truly understood what it means to wear our letters. While they were given their new jerseys by the big brother whom they had chosen to help guide them through pledging, the Zeta class celebrated their completion of pledging, and their transition into brotherhood.
When I thought about what spending a week at the Arizona Biltmore for Grand Council would bring, I imagined a time where my normal pill counting routine would be replaced with hours in the sun and millions of repetitions of the Drinking Song. Don’t worry, my expectations were fulfilled, but never could I have predicted the bonds that were built and the personal growth the conference allowed me. Kelly, our WCC, and I went to Grand Council representing a chapter going through a rough patch, with many brothers in need of direction and a chapter in need of help. There was no better cure for these ailments than a week with brothers from across the country. Just listening to what other chapters did on a month to month basis helped us to come up with hundreds of ideas I thought Beta Chi brothers would be passionate about. We listened to speakers and other brothers share insight and stories of brotherhood. We talked to people from across the continent that we have unmistakable connections with, despite the fact that we had never met before that week. And, of course, the nights were filled with amazing fun times (...in the hot tub, and the John McCain suite), Mexican food and margaritas, and countless memories.

One of the best parts of the week was the awards ceremony. It’s always fun to get dressed up and go out, so I loved this night from the beginning. It was awesome to see the accomplishments of the other chapters and the excitement in their faces when they won an award. It was great to be there when Omega was presented with the Thurston Cup, an amazing achievement that we hope to one day accomplish ourselves. We received a 100% cup this year which is a great feeling for us as well.

Needless to say, I came back to Boston after Grand Council with a whole new love for Phi Delta Chi, and a renewed passion for my brothers. Throughout this year, we were able to take the fire that we were ignited by at Grand Council and light the same fire for all of our Beta Chi brothers. I am now proud to report we are no longer a confused chapter, but one with a clear direction and no debt! I thank our week in Arizona and the inspiration received from various brothers for these feats, and I know the bonds we made are ones that can never be broken. Looking forward to another amazing week in Buffalo next summer!
The Beta Chi chapter sent 10 of our brothers to the Eastern Regional Conference in Boston, MA which was hosted by our neighbors down the street, Eta chapter. We all had a great time and we learned things that we have used to improve our chapter by leaps and bounds. The brotherhood that we all experienced and took part in that weekend was something that we really took to heart and brought back into our own chapter. Here are two accounts of that weekend from two of our brothers, the first one by Andrew Marsella:

When Eric Fields, Lexie Turner and Lindsay Watson visited our chapter last fall and told us how greatly Beta Chi would benefit from the Eastern Regional Conference, none of us could have imagined how right they were. Being a young chapter, chartered in 2005, we realize that we have many things to learn and a lot of room to grow if we want to meet the goals of our own chapter and the National Office. With this in mind, we were able to capitalize on a great opportunity to learn as much as possible from the brothers of the Eastern Region.

The initial learning came from the other collegiate brothers who attended the ERC. The brothers were able to share various ideas regarding fundraising and community service activities that we could use, and we were able to showcase our annual Health Day event. However, there was something more that was shared. It was something that cannot be described, and cannot be understood by those who have never experienced it. There was a strong sense of family amongst strangers. Every brother immediately felt the true power of brotherhood when they look around at the sea of Phi Dex’s wherever they were that weekend. A common bond holds us together, and that is the key to our success as a fraternity. We have learned about this as a chapter and it has inspired us to strengthen the relationships that we have within Beta Chi in order to strengthen Phi Delta Chi as a whole.

Being such a young chapter, we have not had much time to experience interaction with many other chapters, and we also held limited knowledge of how the National Office interacts with the chapters. The ERC was a great chance for us to observe the relationship between chapters and the National Office, and what it expects out of our chapter. In the months following our chapter visit this past fall, our chapter has been successfully making strides to “align our arrows”, as Song You would say. The workshops were great education tools to teach us how we should execute different aspects of our chapter’s inner workings, while also giving us an understanding of the goals of the entire fraternity. Although not all of the brothers attended the ERC, those of us who did were able to convey what we had learned to everyone else and continue to progress our chapter goals.

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Alterum Alterius Auxilio Eget. There are none better to help us than those who have had the experience, not only in pharmacy, but in life. The alumni are a vast well of knowledge of which each collegiate brother must utilize. As pharmacy students, we have a basic idea of the pharmacy practice, but we will never understand it fully until we have experience in the field. The alumni have been through it all and are able to guide us in order to advance the profession of pharmacy. The ERC was attended by many alumni from many different areas of pharmacy, and we were able to network to establish relationships as to empower ourselves to learn from these experienced brothers. The opportunity to do this was one of the highlights of the ERC for many of the brothers and the prospect of meeting more alumni will present us with more chances to learn.

The Eastern Regional Conference was astoundingly valuable to Beta Chi. The workshops and discussions were a tremendous help, as they were designed to be, but there was still much more that we were able to take home. Whenever we were introduced to a brother or alumni of whom we have never met, we immediately felt our family grow. One cannot understand the power of brotherhood until they are emerged in such experience like a regional conference. Simply by being around such a large gathering of brothers is powerful and inspiring, and the fact that we were able to learn so much from each other made the experience even more valuable for every brother, the Beta Chi chapter, and Phi Delta Chi as a whole.
This year the Eta chapter hosted the Eastern Regional Conference (ERC) at the Holiday Inn in Brookline, MA. To kick off the conference, the brothers participated in a pub crawl in the Faneuil Hall area, which served as a great ice breaker and welcoming after registration. The first day of the conference included a presentation by St. Jude Children’s Hospital, and chapter building workshops. The St. Jude’s Representatives showed a great slide show explaining their philosophy, mission statements and history. They also shared some ideas on fundraising, and the impact every dollar raised has on medical treatment for their patients. Following the presentation, brothers were assigned to participate in different workshops like Building a Chapter from Within, Rituals, and Alumni Affairs, each focusing on different ways to improve a chapter’s internal strength, like sharing rush ideas, and the fraternity’s strength as a whole, like discussing the national reconstruction plans.

After the conclusion of the workshops, the brothers prepared for cocktail hour and the banquet. During the cocktail hour some of the chapters took the opportunity to showcase some of their goods, PDC beer steins from Eta, and t-shirts from Beta Chi. The banquet was really nice, with live fish and balloons as center pieces, along with a tasty buffet. The brothers had a great time socializing in their semi formal wear, singing fraternity songs, and congratulating their fellow brothers as they received various awards and acknowledgements.

The last day of the conference was the formal regional meeting. It was really special to see all of the different chapters represented in their formal attire. We voted on the new regional correspondent, which was won by Ryan Costantino of Eta chapter. We also discussed some regional topics, like zoning, where each chapter’s representative had a chance to voice their opinions. After the closing of the formal meeting the brothers said goodbye to each other after a great fraternal spirit enhancing weekend, knowing we would all plan to see each other again in the near future.
Before this year, Beta Chi had a strong focus on internal progression and cohesiveness seeing as we were still a young and emerging chapter. This year, while maintaining that same inner focus, we also began an outward growth by forming bonds with chapters in the region. The first step was made at the Fall Wing Ding when we had brothers Kelly, Andrea, and Erica make an appearance. There are no words to describe this experience. Having only been initiated a week before the event, I was overwhelmed to put it lightly.

Suddenly, I found myself surrounded by a sea of brothers from all over the region having the time of my life. Coming back to Boston was a very sad occurrence. The only bright side was sharing our awesome experience with the rest of the Beta Chi’s. Our positive experience lead to a much stronger Beta Chi representation at the Spring Wing Ding, with 12 brothers total in attendance! Hopefully Beta Chi can again represent at the Fall Wing Ding with even more...see you there Alpha Theta!
My St. Jude Experience

Day 1, I arrived in the Atlanta airport and found myself in a swarm of Tri-Delta t-shirts. I rolled my eyes and continued reading *Twilight* (I finally had convinced myself that it was okay to give in to the craze).

After arriving in Memphis I was pleased to see that on our agenda for the first day was a tour of the hospital. The building was the most amazing hospital I have ever seen, more of a giant hotel/playground made just for kids than a place where vicious diseases are fought. From the art work on the walls created by patients to the ice cream parlor, everything was designed for kids, and everything impressed me. The goal of the hospital is to treat the whole patient, creating a fun atmosphere to keep both patients and families optimistic. Although slightly disappointed that I did not get to see more of the treatment areas and patients, I was glad to see that the hospital is devoted to helping treat the whole patient not just their illness.

That night and the following day we heard from many different speakers, most who gave fundraising ideas and techniques. The professionals, however, were not the most moving to me. Hearing directly from patients and their families motivated me to want to fundraise for St. Jude so that other children could benefit from the care they were able to benefit from.

The second night of the conference consisted of an Up till Dawn event which was impressive in showing that letter writing should be a celebration. Again, my favorite part consisted of hearing from a patient who sang for the entire venue.

The third day continued with fundraising strategies and ended in an Atlanta airport where I was stranded for the night due to weather. I soon ran into one of the Tri-Delta girls I had met on my first day; she was stranded too, but staying with her uncle who lived in Atlanta. One of the sorority girls who I had nearly written off on my first day ended up saving me from a long, lonely night in an airport. This strange full-circle experience showed me that as different as I may be from those bubbly sorority girls, we are all in the fight against childhood cancer together, raising money for St. Jude, and there to help each other out along the way.
The Best way to find yourself is to lose yourself in the service of others.” - Ghandi

AIDS Walk 2009

St. Jude’s

NU’s Relay for life

Bouve Flu Clinic and Health Fair

Fenway Neighborhood Clean Up

Blood Drives
By

Beta Chi participated in AIDS Walk Boston this year. We helped raise money, and participated in the walk as well. Our chapter, annually, is involved with AIDS Walk Boston, leading a team that includes all the students and faculty of the Northeastern Bouvé College of Health Sciences. Since the 2007 AIDS Walk, we have raised close to $20,000 to help raise awareness of HIV/AIDS, prevent the spread of the disease, and also to help those already living with HIV/AIDS. As aspiring health care professionals, it is a great cause to be working for, as it is something that is a large health care problem in the world today.

This year, we made it our mission to try to continue raising as much money as possible, and hold up our tradition of being one of AIDS Walk Boston's “Gold Teams”. Not only did we get out and contact all our families and friends, but we reached out to faculty members and students to try and get people to donate money to a great cause. At every opportunity throughout the day, our brothers would try and raise money for our team. Of course, talking to people in person and on the phone is a great way to get them help you out with donations, but we used another approach as well. Beginning last year, we have used the social networking site “Facebook” as a tool in raising money for AIDS Walk Boston. This year, AIDS Walk Boston had an application that could be used on Facebook incorporated into their fund raising homepage, which made it much easier to get the word out about our mission. People sent messages to all their friends, created groups which people could join, and used all the tools available to them on Facebook in order to garner support from everyone. The AIDS Walk Boston website itself was a fantastic fund raising tool, as it allowed us each to have our very own personalized fund raising page, which we could customize as we pleased. We could use it to send out e-mails to our friends and family, which would then link them back to our personalized page. It was a great tool among the many tools we had, and it was great that we were able to have such advanced tools in an age of advancing technology.

Being a gold team, we were sent a personal correspondent from the AIDS Walk office to come and talk to us about fund raising strategies and to help us learn how to fully utilize the website. It was very helpful and a lot of the information we were given helped us become even more efficient. She also handed out fliers, magnets, postcards, pins, posters, and other materials which we could use to spread the word. Suffice to say, we had multiple tools that we were able to use to do our best job fund raising as possible.

Many of our brothers are at home, either on co-op or summer break, so they will not all be able to attend, but everyone participated in fund raising, which is the important thing. It actually helped us, by having our brothers do fund raising in their respective home towns, we were able to extend our reach outside of Boston into cities and towns across the country. Team Northeastern Bouvé has had another strong year, and we
The Beta Chi chapter of Phi Delta Chi hosted the third annual Bouvé Health Fair and Flu Clinic this year on October 28, 2009. The Health Fair is the largest and most involved project of the year for those of us in Beta Chi. It takes months of planning and preparation but is well worth it when hundreds of students and faculty from Northeastern, plus people from the surrounding community, came to the Health Fair and Flu Clinic to gather information about all aspects of health. There were tables with information to sign up for organ donation and to join the National Bone Marrow Registry; 9 people joined the registry at the fair. Two blood drives, one from Massachusetts General Hospital and one from Brigham and Women’s Hospital, in two separate locations on campus were part of the Health Fair, and together they collected 111 units of usable blood. The two drives allowed us to collect twice the number of units compared to previous years. Both vendors were extremely happy with this success.

It was also flu clinic, so we provided seasonal flu vaccinations. These were administered by the School of Nursing and about 1,000 influenza vaccines were given out, in both inhaled FluMist and injectable forms. There were information tables with give-a-ways for all different topics, like STD awareness and sexual health from AIDS Action Committee, Plan B and contraception information from Communication Strategies, breast cancer information, nutrition and smoking cessation, water information, H1N1 facts and information, and more. These tables were put on by outside vendors but majority of them were put on by various other student groups on campus (PT club, LKS, Rho Chi, Colleges against cancer, etc.)

CSL Biotherapies provided us with 500 free t-shirts, hand sanitizer, buttons, stickers, and more to give to attendees. Those who came out to the Curry Student Center to our health fair left with a lot of free gifts thanks to the generosity of many organizations from inside and outside of Northeastern; but more importantly, the attendees left with a greater information about health and wellness. the participation from all of our current active brothers plus alumni, our With third annual Bouvé Health Fair and Flu Clinic was the most successful yet. This has quickly become an event that people on campus look forward to and something that grows upon its own success. This event is how most of the NU community views PDC and the work that we do.
500 “Season Pass” Flu Vaccine T-shirts
500 Hand Sanitizers
500 flu fighter buttons
ALL FREE!

111 Units of Blood

ADDITIONAL BONE MARROW DONORS

1000 Flu Vaccines!
2000+ Ateendees!
On March 27th, Beta Chi participated in the first annual Relay for Life event held at Northeastern University. It was organized by the student group, Colleges Against Cancer, along with the American Cancer Society, and held in Matthew’s Arena from 6:00pm to 6:00am. Around 20 of the brothers signed up for the event and at the beginning of the night, everyone showed up excited to walk, brought plenty of food (and caffeine!) to sustain us through the night, and pillows and blankets just in case we needed a power nap. The first few hours of the night went by quickly due to the help of great music to walk/dance along to, plenty of games and events to watch and join in, including capture the flag and Root Beer pong, and the performance of many student groups (different dance groups and musical groups).

As the night went on, a few brothers offered to go out and get more food before the doors closed for the night, and others had to leave to study for an upcoming test, dwindling our numbers, but not our spirits. Eventually, a few hours before the end, things started to slow down inside the arena. With the company of brothers, we were able to keep laughing and talking throughout the night and into the morning. The arrival of muffins and juice signaled the end was within sight and that we made it through the night. This was a great event to be a part of and all of the Beta Chi brothers are proud that our own Erica Diamantides had such a large role in planning the event (entertainment chair). She did a fantastic job and we enjoyed seeing her little red head run around all night. Relay for Life went on to be named "Program of the Year" by NU's Student Activities and raised over $130,000 in total. Together as a team, we were able to raise over $650 for the American Cancer Society and we plan on raising even more in the future years to come.
On Saturday, March 27th 2010, several of the brothers from our chapter participated in the Fenway Neighborhood Clean-Up. This day was organized by the Northeastern Off Campus Student Services and Boston Red Sox. The volunteers involved were responsible for cleaning up the area surrounding Fenway Park and the cleaning tasks included picking up trash and sticker and graffiti removal. Meeting early on the brisk morning, we gathered at the Absolut Clubhouse to receive our cleaning tools and assigned clean-up area. We spent the morning on the Brookline Avenue Bridge scraping off stickers, scrubbing off graffiti, and picking up trash. After spending a few hours cleaning, all of the volunteers were invited to The Lansdowne Pub to enjoy a post-cleaning reception. It might have been cold, or freezing actually, but we still had a good time, even if we were scrambling off stickers. So next time you head to a Red Sox game, take a second or two to admire the very clean Brookline Bridge.
On April 10th of this year, the Beta Chi chapter set up a fundraiser at a local bar named Pour House. Weeks and weeks of planning was necessary to make sure the place was reserved, food was ordered and enough tickets were sold. Tickets were sold at 7 dollars a piece, and all the proceeds would go to charity. Tickets were sold to basically anyone on the Northeastern campus, but with an emphasis on the various pharmacy classes. We sold tickets weekly outside classes, in our Curry student Center and even in the dorms. Students on campus were getting excited once word got around.

On the day of the event, we were in the basement of the bar where food was set up. We had trays and trays of macaroni and cheese, mozzarella sticks, nacho cheese and salsa dip, various types of Buffalo wings and great sauces to dip our delectable cuisine in. There were groups and groups of people came in from our freshman to seniors and even a surprise visit from our neighbors from the Eta chapter. We also had a deal on drinks, for anyone who was interested and we’re pretty sure the bar made a decent amount from our party in the dead of the afternoon.

This was a great event for the end of the semester, right before finals. It was once more chance for our brothers and other huskies to relax one more time before hitting the books. It was a memorable time for all of our brothers to get together outside chapter meetings and class, to spend time with our graduating brothers, and just to be around the aura of true “Riders of the Night”.

THANKS TO OUR ETA BROTHERS who made an appearance!!!
AAAE
Health Career Academy – Dean’s Initiative
By Connie Lu

Recently our chapter decided to build a bridge between Northeastern University and a nearby inner-city high school, Edwards M. Kennedy Academy for Health Careers. After two brothers went to discuss program possibilities and potential of creating a program to be set up with their school, the program coordinator gave us the green light to go forth with our idea of creating a mentoring program between the brothers and the high school students. Starting a program from scratch is difficult but with the dedication of the brothers and the guidance of both the Northeastern Dean of Pharmacy, Dean Jack Reynolds, and the Program Coordinator, Kristin Driscoll, we were able to take off with the mentoring program. When the program was announced at our weekly chapter meeting and the applications were handed out, the response from the brothers was tremendous. We received a total of 22 applications. Now we are in the process of matching up the brothers with the mentees from the high school and about to start the full-fledged process of meeting the students twice a month to build a bond of friendship with the foundation of knowledge and trust. This project has started off strong and has a high potential to be successful in the Fall.

Blood Drives
By Steve Munnelly

Due to the great success we had with our Health Day blood drive, Bringham and Woman’s Hospital was eager to work with us again. We decided to host another blood drive in the spring, which was held on April 1st. Brothers were in charge of all the planning, contracting and manning the canteen throughout the day. They collected 27 units and are looking forward to participating in our Alternative Health Day. Working with them is continuing to be a great success.

Alternative Health Day
By Kelly Gehman

Although our Spring retreat has quickly revamped for time due to a surprise visit from a Mr. President Obama, we did have time to set some goals and align our arrows a bit. During this time the new “gum ball machine” idea came about– to do a spin off of our “Bouve Flu Clinic and Health Day” and do a Alternative Health Day. We decided to focus onto ideas like acupuncture, alternative ways to relieve stress, yoga, nutrition, herbs, sun protection and anything out of the ordinary. The date is set for July 7th, 2010, and we are still in the process of ironing out the final details, but just the idea has gotten a positive response from students. We hope this will become another staple event for us, and we hope to move it to the spring in future years. We will also be doing a blood drive, not because its alternative, but because there is always a need and everybody can donate life! Stay tuned for this program’s success, we have got our hopes set high, but it looks to be another winner.
On November 30, 2009, the Beta Chi chapter held a memorial to honor the one year anniversary of the passing of our brother, Pete Millin.

Pete passed on December 1, 2008, and our chapter wanted to honor his memory by holding a memorial for him in the room known as the Sacred Space in one of the lecture halls on campus. We displayed his jersey along with a slide show of photos taken with Pete during his time as a collegiate brother at Northeastern. A member of our Alpha class, Pete was well known among the brothers of the Beta Chi chapter as a caring, dedicated, and extremely driven brother. He was present at nearly all functions of our chapter, and even after he graduated in May of 2008, continued to be a prominent member of our chapter events.

Pete’s fierce love and desire to ensure that the chapter grew and flourished with strong brotherhood was instilled in each of us when we pledged, and then further still when we helped initiate other classes in following years. His passionate speeches to us about the importance of brotherhood and family really hit home for us, and in losing Pete, those beliefs were cemented into our hearts. None in our chapter can forget how special Pete made the pledging process for us, and we strive to honor his memory by trying to instill the same feeling in each class that we help initiate.

The memorial included each of the brothers sharing their favorite memories of Pete. We were reminded of how Pete touched each of our lives, and the newly initiated brothers were introduced to the legacy that Pete left, and got to better understand what it means to be a true brother. We concluded the ceremony with a toast using Pete’s favorite beverage, Diet Mountain Dew. We toasted to life, brotherhood, and the memory of a brother who will never be forgotten.
By Corey Burelli

Beta Chi fostered brotherhood and fraternal spirit through regular informal socials to bring the whole fraternity together. Every month, the chapter held a potluck dinner in which each brother brought something to add to the menu. Each month had its own theme and every social features a delicious menu. When our chapter was visited by Lexie Turner, Eric Fields and Lindsay Watson, our collegiate director, alumni director, and correspondent, the chapter hosted a Mexican Fiesta themed potluck so our regional officers could share in our tradition. The chapter also celebrated the induction of 10 new brothers, our zeta class, by gathering at Fire and Ice, a local stir-fry restaurant, and were joined by alumni and alpha class brothers- Jason Andree and John Vlahopoulos. All these occasions were casual and the only intention was to spend some brotherly time together laughing, being a little ridiculous, and just enjoying one another. It is our monthly potlucks that keep us all connected and close whether brothers are in class or on co-op. Amongst all the hard work and planning that is usually going on, our potluck socials are a great way for us to just kick back and enjoying brotherhood for what it truly is- each other.
End of Year Extravaganza!

Spring is an exciting time, particularly for our 6th year brothers. This year we started what we hope becomes another strong Beta Chi tradition. Hosted by our brotherhood committee we had our first annual “Graduating Brothers Ceremony & End of Year Reception.”

It was held April 10th, on campus, and all alumni were invited to attend. We had hors d’oeuvres galore, and started by recognizing our three graduating brothers, all part of our Beta pledge class—Steve Bird, Salvatore “Sam” Pepe and Brendan Sendrowski. They helped mold what Beta Chi has become and are cherished for all of their individual contributions. We honored each brother and their commencement by giving them a gift—a gold mortar and pestle and Phi Delta Chi Graduation Cords. They were also each given a bunch of red carnations in a special vase. They signed the “Brother for Life” contracts and dedicated themselves to the needs of this chapter even after they transfer to alumni status.

This was also a time to honor the brotherly bond we share and pat ourselves on the back for a year full of success and accomplishment. We were proud to give Sam Pepe the “2010 John Vlahopoulos Scholarship Award” which is presented to the brother with the highest graduating GPA. Sofia Betancourt received the first “Peter F. Millin Brotherhood Award” which is presented to the brother who has gone above and beyond the definition of brotherhood. This award is nominated and judged by all of Beta Chi.

We had some great slideshows that had been put together by our WP, and truly showed what a great year we had. Everyone enjoyed each other’s company one more time before our seniors depart to new places, and finals arrived. Plenty of comments were said for the good and welfare of Beta Chi. Although we hate to see the three 6th years go, we know they won’t be far out of reach.

By: Kelly Gehman
One of our brothers, Steven Bird, was the recent recipient of the MPhA Foundation Scholarship Award. This is what the Massachusetts Pharmacists Association had to say about Steve:

May 6 - Steven Bird of Northeastern University School of Pharmacy received a MPhA Foundation Award of $500 in recognition of his academic achievement, community service, and dedication to the profession. Steven graduates May 7th with a 3.75 GPA. Among his extracurricular activities, Steven organized tutoring service for pharmacy students through the Rho Chi Honor Society. As president of the Phi Delta Chi Professional Pharmacy Fraternity he developed and organized the 1st and 2nd annual campus-wide Bouvé College of Health Sciences Health Fair and Flu clinics. We wish him all the best in his future endeavors.

From the rest of Beta Chi, Congrats Steve!
Salvatore “Sam” Pepe

My time at Northeastern University would have been empty had I not had the privilege to be a brother of Phi Delta Chi. It’s one thing to be a member of a student organization, and it’s another thing to be a member of a family. The relationships, experiences, trials, and tribulations are something I feel sculpted me into the person, pharmacist (almost), professional, and brother that I am today. I owe a debt of gratitude to the current and former brothers of Beta Chi for the paramount role they have played in getting me to where I am today. I will continue to cherish, reflect upon, and utilize my experiences at Northeastern as a brother for as long as I live. The way I see it, for my career and as a brother, this is only the beginning.

Plans: I will be attending the University of Florida to pursue, through an academic collaboration program with the FDA-CDER, a Master’s in Pharmaceutical Outcomes and Policy Research.

Steve Bird

Over the past six years, the Beta Chi chapter of Phi Delta Chi has undergone many transformations. It has increased in size, grown professionally, and become a brotherhood. I have had the pleasure of getting to know the brothers of Phi Delta Chi and it has been a very impactful experience on my life. They are a great group and I know they will all be successful in the future.

Next year, both Salvatore and I will be working for the FDA. As part of our program, we will spend the first two years at the University of Florida. We will keep in touch with our brothers at Northeastern and hopefully they will all come and visit us.

Brendan Sendrowski

As an alumnus of the Beta Chi chapter of Phi Delta Chi, I will be completing a PGY1 Pharmacy Practice Residency at Massachusetts General Hospital after graduation in Boston, Massachusetts. I plan on completing a second residency in Oncology afterwards.
Alumni News!

Rob Pugliese is engaged to Julia Krzyworzeka. They will wed sometime next spring.

Jason Andree is engaged to Laura Flynn. Date set for October 2011

Matt Benoit is marrying Linda Kucharczyk on June 26th, 2010.


Brian and Kathleen DesRosiers welcomes baby girl Lily Virgina into the world December 2009.

Keep Beta Chi up to date! E-mail any exciting new news to our WAL: pdcbxwal@gmail.com

Keep up to date with Beta Chi: www.neu.edu/phideltachi
The traditional school year might be over, but as all Beta Chi know, summertime is no breeze. Its full of grueling pharmacy classes, co-op, and getting everything set up for what is sure to be another busy Fall season. We do always try to squeeze in some summer fun, and the Nor’Easter reminds of us of another successful Phi Delta Chi year full of memories and success. Thanks to all the brothers who contributed anything to this year’s edition. Whether it was pictures, articles, formatting, editing, etc., your hard work is appreciated and shines in these pages. It would be impossible without the help of those did an amazing job, no matter the contribution. As we all know, Alterum Alterius Auxilio Eget.

“The bond that links your true family is not one of blood, but of respect and joy in each other’s life. Rarely do members of one family grow up under the same roof.”

-Richard Bach