

APPEAR NEWSLETTER!

Members

Faculty

Dr. Rachel F Rodgers
Dr. Debra L Franko
Dr. Jessica Edwards George

PhD students

Jenna Campagna
Laura Fischer
Katherine Laveway
Isabella Sereno

Master

Revathi Tripuraneni
Geneva Driscoll

Undergraduates

Cristina Abbatista
Megan Alam
Ritu Amarnani
Alexandra Askenazi
Lujane Bakarar
Elizah Becker
William Cardone
Madison Casner
Elisa Danthinne
Angelica Fiuza
Francesca Giorgianni
Gabiella Hayes
Shelley Jeon
Elisa Kodama
Samhita Koduri
Lauren Maldonado
Haley Moriarty
Gal Nisan
Maria Oliveira
Lindsay Parcell
Anusha Purakayasta
Samantha Reichgut
Edward Runquist
Aditi Sharma
Lindsay Wang
Julia Zalvino

Volunteers

Carli Fink
Breanna Marchwinski
Cate Navarrete
Genevieve Peck Nowicki
Stephanie Sun

Welcome to the Summer 2021 APPEAR newsletter! This year's highlights so far have included both the International Conference on Eating Disorders in June as well as the Appearance Matters Conference in July in their respective virtual formats.

The summer is going too fast, but has been a productive one, and there is plenty to update you on before the next academic year starts!

The APPEAR team

Recent Publications

1. Ando, K.*, Giorgianni, F.*, Danthinne, E.*, & Rodgers, R. F. (2021). Beauty ideals, social media, and body positivity: A qualitative investigation of influences on body image among young women in Japan. *Body image*, 28, 358-369.
2. Carrard, I., Rothen, S., & Rodgers, R. F. (2021). Body image concerns and intuitive eating in older women. *Appetite*, 164, 105275
3. Cooper, M., Eddy, K.T., Thomas, J.J., Franko, D. L., Carron-Arthur, B., Keshishian, A.C., & Griffiths, K.M. (2020). Muscle dysmorphia: A systematic and meta-analytic review of the literature to assess diagnostic validity. *International Journal of Eating Disorders*, 53(10), 1583-1604
4. Danthinne, E.*, Giorgianni, F. E.*, Kanako, A.*, & Rodgers, R. F.(2021). Effects of a body-positive video on body image and capacity to mitigate exposure to social media images. *British Journal of Health Psychology*, in press.
5. De Young, K.P., Kambanis, P.E., Bottera, A.R., Mancuso, C., Thomas, J.J., Franko, D.L., Herzog, D.B., Walker, D.C., Anderson, D., & Eddy, K.T. (2020). Identifying duration criteria for eating-disorder remission and recovery through intensive modeling of longitudinal data. *International Journal of Eating Disorders*, 53(8), 1224-1233.
6. Edwards George, J.B., Aideyan, B.*, Yates, K.*, Voorhees, K.N., O'Flynn, J.*, Sweet, K., Avery, K., Ehrlich, A., Bast, A., Leffler, D.A. (2021). Gluten-Induced Neurocognitive Impairment: Results of a Nationwide Study. *Journal of Clinical Gastroenterology and Hepatology*, in press.
7. Kambanis, P.E., Kuhnle, M., Wons, O.B., Jo, J., Keshishian, A.C., Hauser, K., Becker, K. R., Franko, D.L., Misra, M., Micali, N., Lawson, E.A., Eddy, K.T., & Thomas, J.J. (2020). Prevalence and correlates of psychiatric comorbidities in children and adolescents with full and subthreshold avoidant/restrictive food intake disorder. *International Journal of Eating Disorders*, 53(2), 256-265.
8. Linardon, J., Anderson, C., Messer, M., Rodgers, R. F., & Fuller-Tyszkiewicz, M. (2021). Body image flexibility and its correlates: a meta-analysis. *Body Image*, 37, 188-203
9. Negowetti, N., Ambwani, S., Karr, S., Rodgers, R. F., & Austin, S. B. Digging Up the Dirt on 'Clean' Dietary Labels: Public Health Considerations and Opportunities for Increased Federal Oversight. *International Journal of Eating Disorders*, in press.

Recent Publications (continued)

10. Rodgers, R. F., Lowy, A. S.*, Kodama, E.*, & Bujold, H. #beautyunedited: Is labeling unedited selfies helpful for body image and mood among young women? *Body image*, in press.
11. Rodgers, R. F., & Laveway, K*. (2021) Retouchée au féminin: The gendered nature of the French law mandating labeling of digitally modified images. *Laws*, 10(3), 62.
12. Rodgers, R. F., Paxton, S. J., & Wertheim, E. H. (2021). #Take idealized bodies out of the picture: A scoping review of social media content aiming to protect and promote positive body image. *Body Image*, 38, 10-36.
13. Rodgers, R. F., Fischer, L.*, Dubois, R.*, Naab, P.*, & Franko, D. (2021). Development and validation of the Sociocultural Influences on Fear of Fat Scale (SIFAT). *Body Image*, 37, 181-187
14. Rodgers, R. F., Simone, M., Franko, D. L., Eisenberg, M. E., Loth, K., & Neumark-Sztainer, D. The longitudinal relationship between family and peer teasing in young adulthood and later unhealthy weight control behaviors: The mediating role of body image. *International Journal of Eating Disorders*, in press.
15. Rossman, S.M., Eddy, K.T., Franko, D.L., Rose, J., DuBois, R., Weissman, R.S., Dierker, L.C. & Thomas, J.J. (2020). Behavioral symptoms of eating disorders among adopted adolescents and young adults in the United States: Findings from the Add Health survey. *International Journal of Eating Disorders*, 53(9), 1515–1525.
16. Rousseau, A., & Rodgers, R. F. Cross-sectional and longitudinal associations between peer television co-viewing and media internalization in adolescent girls and boys. *Journal of Youth and Adolescence*, in press.
17. Wang, S.B., Mancuso, C.J., Jo, J., Keshishian, A.C., Becker, K.R., Plessow, F., Izquierdo, A.M., Slattery, M., Franko, D., Misra, M., Lawson, E.A., Thomas, J.J., & Eddy, K.T. (2020). Restrictive eating, but not binge eating or purging, predicts suicidal ideation in adolescents and young adults with low-weight eating disorders. *International Journal of Eating Disorders*, 53(3), 472–477.
18. White, M.*, Berry, R.* Sharma, A., & Rodgers, R. F. (2021). A qualitative investigation of Orthorexia Nervosa among U.S. college students: Characteristics and sociocultural influences. *Appetite*, 162, 105168.

* An asterisk indicates an APPEAR student

Recent presentations

Appearance Matters, July 2021 (Virtual)

Campagna, J.* Runquist, E.*, Fiuza, A.*, Hayes, G.*, Sharma, A.*, Coburn-Sanderson, A.*, Zimmerman, E., & Rodgers, R.F. An Exploration of the Physical and Emotional Dimensions of Breastfeeding through the Lens of the Developmental Theory of Embodiment. July 2021. Appearance Matters Conference (Virtual).

Lowy, A.S.* Franko, D. L., Webb, J., & Rodgers, R. F. Body appreciation, body dissatisfaction, and internalization of body ideals in Black women. July 2021. Appearance Matters Conference (Virtual).

Lowy, A. S.*, Franko, D. L., Webb, J., & Rodgers, R. F. July 2021. Beauty ideals and body dissatisfaction in Black and White women: In the eye of the beholder or the culture? Appearance Matters Conference (poster session, virtual).

Rodgers, R.F., Berry, R.*, * Carrard, I. Cognitive reappraisal of age-related physical changes: A potential protective factor for body image among older women. July 2021. Appearance Matters Conference (Virtual).

RISE Expo April 2021 (Virtual)

1. Amarnani, R.* , Nissan, G*., & Rodgers, R.F. Body Dissatisfaction Review.
2. Barakat, L.* & Rodgers, R.F. Sociocultural Influences on Dental Health Behaviors.
3. Becker, E.* & Rodgers, R.F. Body Positivity on Social Media: Impact of Perinatal Instagram Posts.
4. Fiuza, A.* & Rodgers, R.F. Twenty Seconds a Day: The Impact of TikTok Diet Culture Content on Young Women.
5. Jeon, S.* , Parcell, L.* , & Rodgers, R.F. The Effects of COVID-19 and Quarantine-Related Social Media on the Body Image of Women.
6. Laveway, K.* & Rodgers, R.F. Cosmetic Anti-Aging and the Youthful Ideal Among Midlife Women.
7. Maldonado, L.* , Hines, M., Rodgers, R. F., Webb J., & Zimmerman, E. Examining the Relation Between Disordered Eating and Breastfeeding Among Black Mothers.
8. Runquist, E* . & Rodgers, R.F. Exploring the Effects of Teammates' Bodies on Body Satisfaction Among Collegiate Athletes.
9. Sereno, I.* , Zimmerman, E., & Rodgers, R.F. Psychological Distress and Changes in Parental Feeding Practices During COVID-19.
10. Yu, C.* , Kuruvilla, E., & Rodgers, R.F. Defining Healthy Eating: A Delphi Consensus Study.

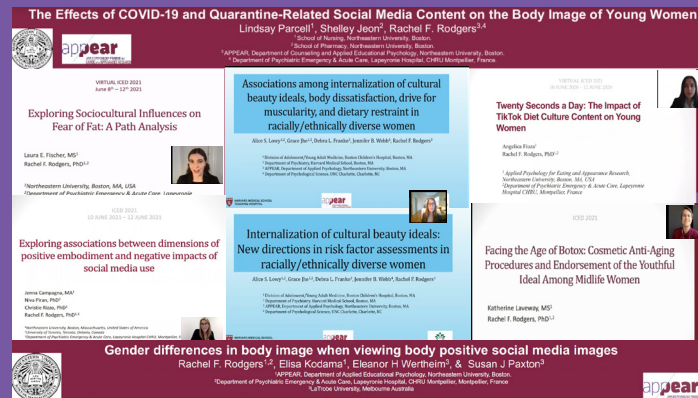


Watch these projects...

There are several exciting projects going on within the APPEAR team this Winter, many being led by our undergraduates. Watch this space for news on the ongoing research below:

- **Body image and appearance concerns among individuals of non-traditional racial backgrounds, research conducted by Megan Alam**
- **A systematic review of the effects of media exposure on body image and eating concerns over time, research currently led by Lindsay Wang who received a research award from Tufts University!**
- **Attitudes towards and use of virtual mental health services among undergraduates in the US., led by Laura Whitley.**

ICED June 2021



APPEAR was an active participant in the 2021 ICED, the second virtual edition!

1. Burke, N.L., Hazzard, V., Schaefer, L.M., & Rodgers, R. F. Beyond the boxes: Towards incorporating intersectionality into eating disorders research. (Workshop).
2. Campagna, J.*, Piran, N., Rizzo, C., & Rodgers, R.F. Exploring associations between dimensions of positive embodiment and negative impacts of social media use. . (Presentation).
3. Cunningham, M., Murray, S., Pinkus, R.T., Griffiths, S., Rodgers, R.F., Trompeter, N., Mitchison, D., Lavender, J.M., Ganson, K.T.*, & Nagata, J.M. The "not-so-healthy" pursuit: An examination of the links between the drive for toned muscularity and eating and exercise psychopathology in women. (Presentation).
4. Fischer, L.* & Rodgers, R. F. Exploring sociocultural influences on fear of fat: A path analysis. (Presentation).
5. Fiuzza, A.* & Rodgers, R.F. Twenty seconds a day: The impact of TikTok diet culture content on young women. (Presentation).
6. Ganson, K. T.*, Murray, S., Rodgers, R.F., & Nagata, J. Trends and correlates of fasting among U.S. college students: 2016-2020. . (Presentation).
7. Laveway, K.* & Rodgers, R.F. Facing the Age of Botox: Anti-aging procedures and endorsement of the youthful ideal among midlife women. (Presentation).
8. Lowy, A. S.*, Jhe, G., Franko, D.L., Webb, J.B., & Rodgers, R. F. Associations among internalization of cultural beauty ideals, body dissatisfaction, drive for muscularity, and dietary restraint in racially/ethnically diverse women. (Presentation).
9. Lowy, A. S.*, Jhe, G., Franko, D.L., Webb, J.B., & Rodgers, R. F. Internalization of cultural beauty ideals: New directions in risk factor assessments in racially/ethnically diverse women. (Presentation).
10. Parcell, L.*, Jeon, S.* & Rodgers, R.F. The effects of COVID-15 and quarantine-related social media content on the body image of young women. (Poster).
11. Paxton, S., Rodgers, R.F., McLean, S., Slater, A., Gordon, C., Fuller-Tyszkiewicz, M. & Jarman, H. Evaluation of a universal social media literacy intervention for body dissatisfaction and disordered eating in early adolescents. (Presentation).
12. Rodgers, R. F., Kodama, E.*, Wertheim, E., & Paxton, S. Gender differences in body image when viewing body positive social media images. (Poster).

Coming to a (hybrid) conference near you...

Eating Disorders Research Society Meeting, September 2021, Boston

See you there!

Research News and Highlights

We were thrilled to continue working with the Northeastern Institute for Health Equity and Social Justice Research, and will be welcoming 4 more of their interns in the Fall!

Dr. Edwards George was featured in the [news](#) on the topic of neurocognitive symptoms associated with Celiac disease!

Our Delphi consensus building study related to eating behaviors is ongoing, thank you to all those who have participated!

We had the pleasure of Dr. Ganson join our lab meeting earlier this summer which sparked some interesting discussion, we would love to have other colleagues drop in!

Recent presentations (continued)

Aideyan, B.* & Edwards George, J. (August 2021). Machine Learning, Deep Learning, and Artificial Intelligence for the Counseling Psychologist. Poster Presentation at the Annual Convention of the American Psychological Association, (Virtual).

Naab, P.*, Shiyko, M, Higgins, E. & Edwards George, J. (2021). Risk behavioral contexts affecting obesity development from adolescence to young adulthood. Poster at American Psychological Society Annual Virtual Conference.

Hanania, J.*, Edwards George, J.B., Rizzo, C. & Goldstein, L. (April 2021). Parental pain responses in pediatric chronic pain: Towards a strength-based approach. Poster at Society of Pediatric Psychology 2021 Annual Conference.

Congratulations!

- Congratulations to [Elisa Danthinne](#) who was awarded the 2021 Senior Excellence Award in Civic Engagement upon graduation from the Honors program.

Finally, congratulations [Kanako Ando](#), [Megan Alam](#), [Lujane Bakarar](#), [Elizah Becker](#), [Elisa Danthinne](#), [Francesca Giorgianni](#), and [Edward Runquist](#) who all successfully graduated!

Congratulations to [Edward Runquist](#) who was accepted into Medical School!

Congratulations to [Dr. Jenna Campagna](#) who successfully defended her dissertation titled "Exploring positive embodiment as a protective factor against Negative Impacts of Social Media Use"

Congratulations to [Dr. Rodgers](#) who was awarded the Portz Faculty Award by the Honors program- a real honor indeed.

Sneak Peak at Winter 2021

Keep an eye on some more exciting fashion industry collaborations with Dr. Bryn Austin from STRIPED and the Model Alliance, as well as some more social media work!

CONTACT