

## APPEAR NEWSLETTER!

### Members

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Dr. Jessica Edwards George

#### PhD students

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Alice Lowy  
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#### Undergraduates

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#### Volunteers

Raihaan Attawala  
Breana Marchwinski  
Kristen Laws  
Cate Navarrete  
Genevieve Peck Nowicki  
Stephanie Sun  
Mika White

Welcome to the Fall 2020/Winter 2021 APPEAR newsletter!

What a year...We have never been more grateful for our team, its energy, mutual support, endless positive energy, and capacity to come together when needed.

We are excited to share these research, but more importantly, we take this opportunity to reach out to our community, including our friends and colleagues, and express our gratitude to be starting this new year together.

#### The APPEAR team

### Recent Publication

1. Dondzilo, L., Mills, C., Rodgers, R. F. Attentional engagement, appearance comparisons, and rumination as predictors of body dissatisfaction: Evaluation of a serial mediation model in men. *Body Image*, in press.
2. Rodgers, R. F., Schaefer, L., Seneque, M., Alacreu-Crespo, A., Moreno Padilla, M., Courtet, P., Thompson, J. K., & Guillaume, S. (2020). Sociocultural Attitudes Towards Appearance Questionnaire-4: Psychometric properties among a French clinical eating disorder sample and normative comparisons. *Eating Behaviors*, in press.
3. Rodgers, R. F., Ziff, S., Lowy, A.\*, Austin, S. B. (2021). Fashion industry policies and legislation in France to reduce risk for eating disorders and sexual victimization: Eating and health behaviors during New York Fashion Week February 2018. *International Journal of Eating Disorders*, in press.
4. Schaefer, L. M., Rodgers, R. F., Thompson, J. K., & Griffiths, S. A test of the Tripartite Influence Model of disordered eating among men. *Body Image*, in press.
5. Rodgers, R. F., Mika White\*, & Rachel Berry\*. Orthorexia nervosa, intuitive eating, and eating competence in female and male college students. *Eating and Weight Disorders*, in press.
6. Berry, R.\*, Rodgers, R. F., & Campagna, J.\* (2020) Outperforming iBodies: A conceptual framework integrating body performance self-tracking technologies with body image and eating concerns. *Sex Roles*, in press.
7. Flaudias, V., Iceta, S., Zerhouni, O., Rodgers, R. F., Billieux, J., Llorca, P.-M., Boudesseul, J., de Chazeron, I., Romo, L., Maurage, P., Samalin, L., Beque, L., Naasila, M., Brousse, G., & Guillaume, S. COVID-19 pandemic lockdown and problematic eating behaviors in a student population. *Journal of Behavioral Addictions*, in press.
8. Bou Khalil, R., Sleilat, G., Richa, S., Seneque, M., Iceta, S., Rodgers, R. F., Alacreu-Crespo, A., Maimoun, L., Lefebvre, P., Renard, E., Courtet, P., & Guillaume, S. The impact of retrospective childhood maltreatment on eating disorders as mediated by food addiction: A cross-sectional study. *Nutrients*, in press.

## Recent Publications (continued)

9. Rodgers, R. F., Ziff, S., Lowy, A. S.\*, Austin, S. B. (2020). Stakeholder attitudes towards fashion policy in the U.S.: Strategic research for the protection of models and prevention of body image and eating concerns. *Critical Public Health*, in press.
10. Rodgers, R. F., McLean, S. A., Gordon, C., Slater, A., Marques, M., Jarman, H. K., & Paxton, S. (2020). Development and validation of the Motivations for Social Media Use Scale (MSMU) among adolescents. *Adolescent Research Review*, in press.
11. Ganson, K., Rodgers, R. F., Lipson, S., Cadet, T., & Putnam, M. (2020). Sexual assault victimization and eating disorders among college-enrolled men. *Journal of Interpersonal Violence*, in press.
12. Burke, N. L., Schaefer, L. M., Hazzard, V.M., & Rodgers, R. F. (2020). Where identities converge: the importance of intersectionality in eating disorders research. *International Journal of Eating Disorders*, 53(10), 1605-1609.
13. Matsumoto, A.\*, & Rodgers, R. F. (2020). A review and integrated theoretical model of the development of body image and eating disorders among midlife and aging men. *Clinical Psychology Review*, 101903.
14. Giorgianni, F\*, Danthinne, E.\*, & Rodgers, R. F. (2020). Consumer warning versus systemic change: The effects of including disclaimer labels on images that have or have not been digitally modified on body image. *Body Image*, 34, 249-258.
15. Coco, G. L., Salerno, L., Giordano, C., Di Blasi, M., & Rodgers, R. F. (2020). Understanding the smartphone generation: is problematic smartphone use associated with low body esteem among adolescent girls and boys?. *Current Psychology*, 1-12.
16. Gordon, C. S., Rodgers, R. F., Slater, A. E., McLean, S. A., Jarman, H. K., & Paxton, S. J. (2020). A cluster randomized controlled trial of the SoMe social media literacy body image and wellbeing program for adolescent boys and girls: Study protocol. *Body Image*, 33, 27-37.
17. Cunningham, M., Rodgers, R. F., Lavender, J., Nagata, J., Frederick, D., Szabo, M., Murray, S. Big boys don't cry': Examining the indirect pathway of masculinity discrepancy stress and muscle dysmorphia symptomatology through dimensions of emotion dysregulation. *Body Image*, 34, 209-214.
18. Rodgers, R. F., Lombardo, C., Cerolini, S., Franko, D. L., Omori, M., Fuller- Tyszkiewicz, M., Linardon, J., Courtet, P., & Guillaume, S. (2020). The Impact of the COVID-19 pandemic on eating disorder risk and symptoms. *International Journal of Eating Disorders*, 53(7), 1166-1170.
19. White, M.\*, Berry, R.\*, & Rodgers, R. F. (2020). Body image and body change behaviors associated with orthorexia symptoms in males. *Body Image*, 34, 46-50.
20. Cunningham M. L., Nagata, J., Frederick, D., Rodgers, R. F., Lavender, J., Szabo, M., & Murray, S. (2020). Who's the 'bigger' man? Parsing the relationships between masculinity and men's muscularity dissatisfaction. *Body Image*, 34, 94-100.
21. Rodgers R. F., Meyer, C. & McCaig, D. (2020). Characterizing a body positive online forum: Resistance and pursuit of appearance-ideals. *Body Image*, 3, 199-206.
22. Rodgers, R. F., Wertheim, E. H., Damiano, S. R., & Paxton, S. J. (2020). Maternal influences on body image and eating concerns among 7 and 8 year-old boys and girls: cross-sectional and prospective relations. *International Journal of Eating Disorders*, 53(1), 79-84.
23. Cunningham M. L., Szabo M., Rodgers R. F., Franko, D. L., Eddy K. M., Thomas J. J., Murray S. B., & Griffiths S. (2020). An investigation of difficulties in emotion regulation and distress tolerance in the drive for muscularity among women. *Body Image*, 33, 207-213.
24. Danthinne, E\*, Giorgianni, F\*. & Rodgers, R. F. (2020). The use of labels to prevent the detrimental effects of media on body image: A systematic review and meta-analysis. *International Journal of Eating Disorders* 3(5), 647-661.

# ICED 2020



APPEAR was an active participant in the 2020 ICED, the first virtual edition!

Congratulations to all those who showcased their technology skills and recorded impressive talks.

We did miss seeing our conference friends and colleagues, and look forward to the next opportunity for some face-to-face exchanges and networking.

Coming to a (virtual) conference near you...

**ICED 2021. APPEAR will be participating through posters, papers, and a workshop! Don't miss any of it!**

**See you there**

## Research News and Highlights

We are thrilled to continue working with the Northeastern Institute for Health Equity and Social Justice Research, and currently have the pleasure of working with 6 of their interns. Such a fantastic program!

Genevieve Peck Nowicki was invited to present to the US Census Rainbow Alliance group on her work on body image concerns among sexual minority men. Well done Genny!

In collaboration with our colleague Dr. Kendrin Sonneville we may be reaching out to some of you to participate in our Delphi consensus building study related to eating behaviors. Keep an eye out, and thank you in advance for your support!

## Congratulations!

- Congratulations to **Rachel Berry** who successfully defended her dissertation titled "Longitudinal Relationships between Fitness Tracking and Disordered Eating in Undergraduate Women" and has graduated! Congratulations also to **Alice Lowy** who has graduated. We wish them both the best in their next endeavors.
- Congratulations to **Angelica Fiuza** who has received funding to conduct a study exploring the effect of TikTok videos.

## Watch these projects...

There are several exciting projects going on within the APPEAR team this winter, many being led by our undergraduates. Watch this space for news on the ongoing research below:

- The impact of different types of COVID related social media, research conducted by **Lindsay Parcell and Shelley Jeon**
- The impact of different types of online comments on social media images, research led by **Lauren Maldonado**
- The effects of postpartum and pregnancy related social media images, research conducted by **Elizah Becker and Madison Casner**
- Body image and eating behaviors across varsity and club athletes, research led by **Eddie Runquist**
- Oral health and appearance pressures related to teeth, research led by **Lujane Bakarar**.

## Sneak Peak at 2021

**Dr. Rodgers will be collaborating on some more exciting work with Dr. Bryn Austin and the Model Alliance related to the fashion industry as an important player in the sociocultural context.**

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